

Going Back West (Remix)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Yulia P M (INA) - July 2021
音樂: Going Back West (Caca Remix 2019) - Boney M



Intro on hard beat music... on vocal "around" (approx. 20")

I. HEEL SWITCHES, ROCK, RECOVER, ¼ TURN R, R CHASSE

1 &2 Touch heel R fwd (1), Step R together (&), Touch heel L fwd (2)
&3 &4 Step L together (&), Touch heel fwd twice (3&4)
5 6 Rock R fwd (5), Recover on L (6)
7 &8 ¼ turn right step R to right side (7) facing 3.00, step L beside R (&), Step R to right side (8)

II. PIVOT ½ R, SHUFFLE FORWARD, FULL TURN L, SHUFFLE FORWARD

1 2 Step L fwd (1), ½ turn right weight on R (2) facing 9.00
3 &4 Step L fwd (3), Step R together (&), Step L fwd (4)
5 6 ½ turn left stepping back on R (5) facing 3.00, ½ turn left stepping L fwd (6) facing 9.00
7 &8 Step R fwd (7), Step L together (&), Step R fwd (8)

**OPTIONAL On count 5 6, Step R forward (5), Step L forward (6)

** RESTART HERE ON WALL 5,7,13,15 WITH STEP CHANGE. On count 7 &8 change to 7 8, Step R fwd (7), Step L fwd (8).

III. ROCK SIDE, RECOVER, SYNCOPHATE, MONTEREY ¼ TURN R

1 2 Rock L to left side (1), Recover on R (2)
3 &4 Step L behind R (3), Step R to right side (&), Cross L over R (4)
5 6 Touch R to right side (5), ¼ turn right Step R together (6) facing 12.00
7 8 Touch L to left side (7), Step L together (8)

IV. JAZZ BOX ¼ TURN R, SHUFFLE FORWARD R - L

1 2 Cross R over L (1), ¼ turn right stepping back on L (2) facing 3.00
3 4 Step R to right side (3), Step L fwd (4)
5 &6 Step R fwd (5), Step L together (&), Step R fwd (6)
7 &8 Step L fwd (7), Step R together (&), Step L fwd (8)

Enjoy The Dance & Happy Dancing

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