

Sober

拍數: 32 牆數: 4 級數: Novice
編舞者: Jérôme Ciurana (FR) - July 2021
音樂: Sober - Kimberose



Déscriptif : on the lyric or 12 sec do 7 wall complete and the 16 first steps [8WF12H] the do the dance at the end - CCW

[1-8] SIDE, DRAG, SYNCOPATED WEAVE, UNWIND 1/2 TURN, RIGHT SHUFFLE FORWARD

1-2 Step LEFT to left side, Drag RIGHT next to left
&3 Step RIGHT next to left, Cross LEFT over right
&4 Step RIGHT to right side, Cross LEFT behind right
5-6 Unwind 1/2 turn left [6H]
7&8 Step RIGHT forward in right diagonal, Step LEFT next right, Step RIGHT forward in right diagonal [7H30] {shuffle}

[9-16] LEFT SHUFFLE FORWARD, HITCH, CROSS, BACK, BACK, HITCH, BEHIND, SIDE, STEP FORWARD, 3/8 STEP FORWARD, TOGETHER AND POP KNEES

1-2 Step LEFT forward in left diagonal, Step RIGHT next to left, Step LEFT forward in left diagonal [4H30] {shuffle}
& Hitch RIGHT knee {hitch}
3&4 Cross RIGHT over left, Step LEFT back in left diagonal [7H30], Step RIGHT back in left diagonal
& Hitch LEFT knee {hitch}
5&6 Cross LEFT behind right in right diagonal [4H30], Step RIGHT to right side , 3/8 turn right and step LEFT forward [9H]
7&8 Step RIGHT forward, Step LEFT beside RIGHT and pop knees forward, Recover heels on floor

[17-24] (CAMEL WALK RIGHT AND LEFT, SHUFFLE RIGHT FORWARD, CAMEL WALK LEFT AND RIGHT, SHUFFLE LEFT FORWARD) WITH 1/2 TURN LEFT

1 Step RIGHT forward and touch LEFT beside right {camel walk}
2 Step LEFT forward and touch RIGHT beside left {camel walk}
3&4 Step RIGHT forward, Step LEFT next to right, Step RIGHT forward {shuffle}
5 Step LEFT forward and touch RIGHT beside left {camel walk}
6 Step RIGHT forward and touch LEFT beside right
7&8 Step LEFT forward, Step RIGHT next to left, Step LEFT forward [Ends on wall 3H]

Nota : counts 1 to 8 do with 1/2 turn left

[25-32] SYNCOPATED RUMBA BOX FORWARD AND BACK, BACK, BACK, POINT, PIVOT 1/2 TURN

1&2 Step RIGHT to right side, Step LEFT beside right, Step RIGHT forward
3&4 Step LEFT to left side, Step RIGHT beside left, Step LEFT back
5-6 Step RIGHT back, Step LEFT back
7-8 Point RIGHT back, Pivot 1/2 turn right (finish with weight on RIGHT) [9H]

SOBER !!!!!!!

Les références des heures ne valent que sur le premier mur

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