

Bad Habits Easy

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Beginner
編舞者: Esmeralda van de Pol (NL) - July 2021
音樂: Bad Habits - Ed Sheeran



Floorsplit with the Intermediate dance from Maggie Gallagher and Gary O'Reilly

Intro: 16 counts

SIDE, BACK ROCK, CHASSE L, BACK ROCK, SHUFFLE FWD

1-2-3 Step RF to R side, Rock LF back, Recover weight on RF
4&5 Step LF to L side, Step RF next to LF, Step LF to L side
6-7 Rock RF back, Recover weight on LF
8&1 Step RF fwd, Step LF next to RF, Step RF fwd

FWD ROCK, SHUFFLE BACK, ROCK BACK, CHASSE R

2-3 Rock LF fwd, Recover weight on RF
4&5 Step LF back, Step RF next to LF, Cross LF back
6-7 Rock RF back, Recover weight on LF
8&1 Step RF to R side, Step LF next to RF, Step RF to R side

CROSS ROCK FWD, CHASSE 1/4 TURN, PIVOT 1/4 TURN, CROSS SHUFFLE

2-3 Rock LF across RF, Recover weight on RF
4&5 Step LF to L side, Step RF next to LF, 1/4 turn L-step LF fwd
6-7 Step RF fwd, 1/4 turn L-weight on LF
8&1 Cross RF over LF, Step LF to L side, Cross RF over LF

HOLD, & CROSS, HOLD, SIDE ROCK, CROSS, CHASSE R

2&3-4 Hold, Step LF to L side, Cross RF over LF, Hold
5-6-7 Rock LF to L side, Recover weight on RF, Cross LF over RF
7&8 Cross LF over RF, Step RF to R side, Cross LF over RF
8&1 Step RF to R side, Step LF next to RF, Step RF to R side

Tag: After wall 5 (facing 06.00)

SIDE ROCK, BACK ROCK

1-2 Rock RF to R side, Recover weight on LF
3-4 Rock RF back, Recover weight on LF

Dance With Esmeralda

Esmeralda v.d. Pol

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