

Roly- Poly (롤리 폴리)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Heru Tian (INA) - July 2021
音樂: Roly-Poly - T-ara



Intro : 16 Counts - 1 Tag, No Restart

**** Tag 4c At The End Of Wall 5 Facing 3.00**

R Rocking Chair

1-4 Rocking Rf Fwd (1), Recovering On Lf (2), Rocking Rf Back (3), Recovering On Lf (4)

Section 1 : R Rock Fwd- Recover- R Back- L Side Point- L Cross- R Side Point- L Cross Kick Ball Change

1-4 Rocking Rf Fwd (Option With Body Roll) (1), Recovering On Lf (2), Stepping Rf Back (3), Point Lf To Side (4)

5 6 Crossing Lf Over Rf (5), Point Rf To Side (6)

7&8 Cross Kick Rf To L Diagonal (7), Ball Rf Behind (&), Step Lf In Place (8)

Section 2 : R Weave Step- L Side Point- ¼ Turn L Jazz Box - R Touch Together

1-4 Crossing Rf Over Lf (1), Stepping Lf To Side (2), Crossing Rf Behind Lf (3), Point Lf To Side (4)

5-8 Crossing Lf Over Rf (5), Make A ¼ Turn L Facing 9.00, Stepping Rf Back (6), Stepping Lf To Side (7), Touching Rf Together With Lf (8)

Section 3 : R Locking Shuffle Step- L Fwd- Pivot ½ Turn R - L Locking Shuffle Step- R Fwd- Pivot ½ Turn L

1&2 Stepping Rf Fwd (1), Lock Lf Behind Rf (&), Stepping Rf Fwd (2)

3 4 Stepping Lf Fwd (3), Pivot ½ Turn R, Weight On Rf (4) Facing 3.00

5&6 Stepping Lf Fwd (5), Lock Rf Behind Lf (&), Stepping Lf Fwd (6)

7 8 Stepping Rf Fwd (7), Pivot ½ Turn L, Weight On Lf (8) Facing 9.00

Section 4 : R Fwd - L Lock Behind- R Locking Shuffle Step- L Kick- L Touch Behind- Unwind ½ Turn L- R Together- L Fwd

1 2 Stepping Rf Fwd (1), Lock Lf Behind Rf (2)

3&4 Stepping Rf Fwd (3), Lock Lf Behind Rf (&), Stepping Rf Fwd (4)

5 6 7 Kick Lf Fwd (5), Touch Lf Behind Rf (6), Make A ½ Unwind Turn L Facing 3.00, Weight On Lf (7)

8& Stepping Rf Together (8), Stepping Lf Fwd (&)

Start Again...

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