

Hate Me Or Date Me

COPPER KNOB
STEP SHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Brenda Shatto (USA) & Barbara Tobin (USA) - July 2021
音樂: Van Horn - Saint Motel : (Amazon Digital and iTunes)



No Tags or Restarts!

Intro: 32 counts, start with weight on L

(1-8) Side rock, recover, behind side forward, 1/2 right pivot, back mambo

1,2 Rock R to right, recover L

***Note: After the first wall, Count 1 becomes 1/4 right turn as you rock R to right**

3&4 Cross R behind L, step L to left, step R forward

5,6 Step L forward, 1/2 right turn pivot (keep weight back on L) (6:00)

7&8 Rock R back, recover L, step R forward

(9-16) Kick, step, point, cross shuffle, 1/4 left turn step, 1/4 left turn hitch, knee pops L/R

1&2 Kick L forward, step* L in place, point R to right

***Styling option: after kick, hop onto L**

3&4 Cross R over L, step L to left, cross R over L

5,6 1/4 left turn step L forward, hitch R while making 1/4 left turn on ball of L* (12:00)

***Styling option: raise hands over head when making hitch turn (on the word "crazy" in the chorus)**

7,8 Step R forward while popping L knee, step L forward while popping R knee

(17-24) R forward, pivot 1/2 left, shuffle 1/2 left, 1/4 left turn, heel swivel/toe swivel x2

1,2 Step R forward, pivot 1/2 left turn stepping L forward (6:00)

3&4 1/4 left turn step R to right, close L, 1/4 left turn step R back (12:00)

5,6 1/4 left turn step L to left and swivel toes to left, swivel heels to left (9:00)

7,8 Swivel toes to left, swivel heels to left

(25-32) Heel grind R/L, rock, recover, 3/4 right turn

1,2& Cross R heel over L, twist toe from left to right and small step L to left, step R next to L

3,4& Cross L heel over R, twist toe from right to left and small step R to right, step L next to R

5,6 Cross rock R over L, recover L

7,8 1/4 right turn step R forward, 1/2 right turn step L back (6:00)

***Count 1: 1/4 right turn rock R to right (9:00)**

Ending: Last wall finishes facing (9:00) - make 1/4 right turn to face (12:00) and pose!

Please do not alter this step sheet in any way. If you would like to use it on your website, it must be used in its original format.

**Contact the choreographers with your questions: brenshatto@yahoo.com and barbara.tobin@yahoo.com
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