

Fly Away With Me

COPPER KNOB
CHOREOGRAPHY SHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Marie Sørensen (TUR) - July 2021
音樂: Spread My Wings and Fly - Mike Denver : (Album: Thank god for the radio)



Intro: 32 Counts - No tags, or restart

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ROCK, HOLD, RECOVER, HOLD, COASTER STEP, HOLD

1-2 Rock fwd. hold
3-4 Recover, hold
5-6 Step back on right, step left next to right
7-8 Step fwd. on right, hold

(in this section, spread your wings and fly)

HEEL, HOOK, HEEL. FLICK, SHUFFLE FWD. LEFT. HOLD

1-2 Tap left heel fwd. hook left up and in front of right
3-4 Tap left heel fwd, flick left back
5-6 Step fwd. on left, step right next to left
7-8 Step fwd. on left, hold (12:00)

ROCK, HOLD, RECOVER, HOLD, ½ TURN SHUFFLE RIGHT, HOLD

1-2 Rock fwd. on right, hold
3-4 Recover, hold
5-6 ¼ turn right, step right to the right side, step left next to right
7-8 ¼ turn right, step fwd. on right, hold (06:00)

ROCK, HOLD, RECOVER, HOLD, CHASSE ¼ TURN, HOLD

1-2 Rock fwd. on left, hold
3-4 Recover, hold
5-6 ¼ turn left, step left to the left side, step right next to left
7-8 Step left to the left side, hold (03.00)

JAZZ BOX, CROSS, SIDE, HOLD

1-2 Cross right over left, hold
3-4 Step back on left, hold
5-6 Step right to the right side, cross left over right
7-8 Step right to the right side, hold (03.00)

HEEL, HOLD, TOE, HOLD, SHUFFLE FWD. LEFT, HOLD

1-2 Tap left heel fwd. hold
3-4 Tap left toe back, hold
5-6 Step fwd. left, step right next to left
7-8 Step fwd. left, hold (03.00)

ROCK, HOLD, RECOVER, HOLD, RUN 3 STEPS BACK, HOLD

1-2 Rock fwd. right, hold
3-4 Recover, hold
5-6 Run back, right, left
7-8 Run back right, hold (03.00)

ROCK, HOLD, RECOVER, HOLD, RUN 3 STEPS FORWARD, HOLD

1-2 Rock back left, hold

3-4 Recover, hold
5-6 Run fwd. left, right
7-8 Run fwd. left, hold (03.00)

Have Fun!

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