Sweet Bread From Karo



拍數: 32 牆數: 4 級數: Improver

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Intro 40 counts

1 OUT-OUT	SWIVE	PIVOT 1/2 TURN I	KICK BALL	CHANGE

1.2	Step Rf to R diagonal forward, step	I f to I diagonal forward
1.4	Steb IXI to IX diadollal follward. Steb	LI LO E GIAGOLIAI IOI WALG

3&4 Swivel both heels-toes-heels inwards 5,6 Step Rf forward, ½ turn L weight on Lf

7&8 Kick Rf forward, close Rf next to Lf, step Lf in place

2. BOTAFOGO, BOTAFOGO WHILE 1/4 TURN, FORWARD MAMBO, BACK MAMBO

1&2	Cross Rf over Lf, step ball Lf to L, recover on Rf
104	CICCO I II CYCI EI, CICP Dall El IC E, ICCCVOI CII I II

3&4
 ½ turn L cross Lf over Rf, step ball Rf to R, recover on Lf
 5&6
 Rock Rf forward, recover on Lf, step Rf beside Lf slightly back
 7&8
 Rock Lf back, recover on Rf, step Lf beside Rf slightly forward

3. FORWARD SHUFFLE, ½ TURN R FORWARD SHUFFLE

1&2	Step Rf forward, close Lf next to Rf, step Rf forward
3&4	Step Lf forward, close Rf next to Lf, step Lf forward

5&6 Making ½ turn R step Rf forward, close Lf next to Rf, step Rf forward

7&8 Step Lf forward, close Rf next to Lf, step Lf forward

4. SIDE ROCK, BEHIND-SIDE-CROSS, ½ TURN R, FORWARD, SWIVEL

1,2 Rock Rf to R, recover on Lf

3&4 Cross Rf behind Lf, step Lf to L, cross Rf over Lf
5,6 ¼ turn R step Lf,back, ¼ turn R step Rf to R
7&8 Step Lf forward, swivel both heels to L-R

TAG: 4 counts after Wall 3, 7, 11, 12

OUT-OUT, IN-IN

1,2 Step Rf to R diagonal forward, step Lf to L diagonal forward

3,4 Step Rf back to center, close Lf next to Rf

Have Fun...