Mi Luna Llena

拍數: 24

級數: Easy Beginner

編舞者: Marian Collado (ES) - July 2021

音樂: Mi Luna Llena - NIA & India Martínez

INTRO: 16 counts from the strongest beat. Two counts after the singer begins to sing. (approximately at 11 seconds)

RESTART: 7 wall(9:00)

TAG : Wall 1(3:00),2(6:00),5(3:00),8(12:00)

[1-9] CROSS, SIDE, TOGHETER, SHUFFLE FWD , SIDE, TOGHETER, SHUFFLE BACK

- 1-2 LF cross over RF, RF step to R side
- 3 LF together RF
- 4&5 RF step forward, LF next to RF, RF step forward
- 6-7 LF step to L side, RF together LF
- 8&1 LF step behind , RF together LF, LF step behind

[10-17] ROCK BACK, SHUFFLE FWD, STEP, 1/4 TURN R, CROSS SHUFFLE

- 2-3 RF back rock, LF recover weight
- 4&5 RF step forward, LF next to RF, RF step forward
- 6-7 LF step forward, 1/4 turn right whit the weight on the RF(3:00)
- 8&1 LF cross over RF, RF step to R side, LF cross over RF
- RESTART 7th wall (9:00) after 16 COUNTS

[18-24] ROCK SIDE, WEAVE, ROCK, CROSS, SIDE

- 2-3 RF rock to R side, LF recover weight (opcional add hip swing)
- 4&5 RF cross behind LF, LF step to L side, RF cross over LF
- 6-7 LF rock to L side, RF recover weight
- 8& LF cross over RF, RF step to R side

TAG(4 counts) : after Wall 1(3:00),2(6:00),5(3:00),8(12:00)

- 1-2 LF cross over RF, RF step R side make sway R hip
- 3-4 sway with L hip, sway whit R hip

RESTART after 16 counts wall 7(9:00)

Last Update - 8 August 2021





牆數:4