

Memories

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jackie Nuzzo (USA) - July 2021
音樂: Memories - Maroon 5



SKATE, SKATE, SHUFFLE X2

1-2 Skate Fwd on R, Skate Fwd on L
3&4 Shuffle forward R, L, R
5-6 Skate Fwd on L, Skate Fwd on R
7&8 Shuffle forward L, R, L

ROCK FWD, ROCK SIDE, SAILOR, SAILOR 1/4 TURN

1-2 Rock forward on R, recover on L
3-4 Rock to the side on R, recover on L
5&6 Sailor step
7&8 Sailor step with a 1/4 turn left

HEELS WITH A TOUCH, LEFT TURNING VINE

1&2 Touch R heel forward, step back on R, touch L heel forward
&3&4 Step back on L, touch R heel forward, step back on R, touch L next to R
5-8 With L foot turning left, make a complete turn on 3 counts and touch R toe next to L instep

HEELS WITH A TOUCH, WALK BACK WITH A TOUCH

1&2 Touch R heel forward, step back on R, touch L heel forward
&3&4 Step back on L, touch R heel forward, step back on R, touch L next to R
5-6 Step back L, R
7-8 Step back L, touch R next to L

TAG: Touch R foot out to the side and hold. This is done after the first time through the dance, at the end of the 5th time through and at the very end of the dance. You will hear a slight pause during the music.

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