

She's Country

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Cheryl Levin (USA) - July 2021
音樂: She's Country - Jason Aldean : (Amazon.com)



Actual dance starts with lyrics at count 48. Introduction dance steps can begin at count 32 when instrumentals start.

There is one restart on wall 3 after 8 counts (so that weaves with claps are danced 4X)

INTRODUCTION STEPS

SWAY TO R, SWAY TO L, CHASSE, SWAY TO L, SWAY TO R, CHASSE (X2)

1, 2, Put R foot out to side and sway R, sway to the left
3&4& Chasse (sideways triple step, R, L, R), hold
5, 6, Put L foot out to side and sway L, sway to the right
7&8& Chasse (sideways triple step, L, R, L), hold

MAIN DANCE STEPS

[1-8] RIGHT WEAVE, CLAP, LEFT WEAVE, CLAP

1&2& R foot to side, L foot behind R, R foot to side, L foot in front of R
3&4& R foot to side, L foot behind R, R foot to side, clap hands
5&6& L foot to side, R foot behind L, L foot to side, R foot in front of L,
7&8& L foot to side, R foot behind L, L foot to side, clap hands

[9-16] 2 HALF TURNS, TWO SAILOR STEPS IN PLACE

1, 2, Step forward on R foot and pivot ½ turn to L (to back wall)
3, 4, Step forward on R foot and pivot ½ turn to L (brings you to the front wall)
5&6& R sailor step (R cross behind L, step on L, step on R), hold
7&8& L sailor step (L cross behind R, step on L, step on R), hold

[17-24] SWAY TO R, SWAY TO L, CHASSE, SWAY TO L, SWAY TO R, CHASSE

1, 2, Put R foot out to side and sway R, sway to the left
3&4& Chasse (sideways triple step, R, L, R), hold
5, 6, Put L foot out to side and sway L, sway to the right
7&8& Chasse (sideways triple step, L, R, L), hold

[25-32] TWO ROCKING CHAIRS, R HEEL GRIND w ¼ TURN, BACK COASTER OR 2 STEPS

1&2& Rocking chair (R step forward, L step back, R step back, L step forward)
3&4& Repeat rocking chair
5, 6, R heel grind and swivel on heel ¼ turn to right
7&8& Back coaster (R step back, L step together, R step forward) or 7, 8, Step R, step L

Continue sequence on remaining walls.

Any questions? Contact me at cplevin@gmail.com
Have fun dancing! I would love your feedback!