

# Manana

COPPER KNOB  
BY SHEETS

拍數: 48      牆數: 4      級數: Phrased Improver  
編舞者: Panella Nicoletta (IT) - July 2021  
音樂: Mañana (feat. Cali Y El Dandee) - Alvaro Soler



Introduction Instrumentals : 24 Counts  
Phrased Sequences A-B-A-B-A-B-A-A-A-B-A-B-Final

## PART A (32 counts)

**SEQ. 1(1-8) KICK,BACK, 1/4 TURN, BIG STEP, SLIDE, TOGETHER, ROLLING KNEES, CROSS 1/4 TURN, BACK, SLIDE, TOGETHER. OUT -OUT -IN -IN.**

1&2&      kick Right forward, step right back in place, 1/4 turn right big step left to left, slide right together 3:00  
3-4      turning knees in a circle in place  
5&6      cross left over right, 1/4 turn left big step right back, slide left together 12:00  
&7      step right to right diagonally forward (out) , step left diagonally forward ( Feet slightly apart - out out)  
&8      step right recover back in place (in) step left recover back near to right in place ( recover to centre - in in)

**SEQ. 2(9-16) KICK,BACK, 1/4 TURN, BIG STEP, SLIDE, TOGETHER, ROLLING KNEES, CROSS 1/4 TURN, BACK, SLIDE, TOGETHER. OUT -OUT -IN -IN.**

1&2&      kick Right forward, step right back in place, 1/4 turn right big step left to left, slide right together 3:00  
3-4      turning knees in a circle in place  
5&6      cross left over right, 1/4 turn left big step right back, slide left together 12:00  
&7      step right to right diagonally forward (out) , step left diagonally forward (out)  
&8      step right recover back in place (inn) step left recover back near to right in place (inn)

## SEQ. 3(17-24) BOTAFOGO TRAVELLING FORWARD

1&2      Cross right over left, step left to left side recover weight on right  
3&4      Cross left over right, step right to right side, recover weight on left  
5&6      Cross right over left, step left to left side recover weight on right  
7&8      Cross left over right, step right to right side, recover weight on left

**SEQ. 4(25-32)CROSS DIAGONALLY HEEL, RECOVER BACK DIAGONALLY, CROSS DIGONALLY HEEL, STEP IN PLACE CHANGE DIRECTION OPPOSITE SEQUENCE**

1&2&      Direction diagonally h. 10.30 cross heel right over left, recover weight on left, step right back, recover weight on left  
3&4      cross heel right over left, recover weight on left, step right near to left direction body h: 12.00  
5&6&      Change opposite Direction diagonally h. 01.30 cross heel left over right, recover weight on right, step left back, recover weight on right  
3&4      cross heel left over right, recover weight on right, step left near to right direction body h: 12.00

## PART B (16 counts)

**SEQ. 1(1-8) 1/4 TURN LEFT SIDE RECOVER, CLOSE, BUMP IM PLACE, PADDLE TURN 1/8 X 4**

1&2      1/4 turn left step right to right side, recover weight on left, step right close near to left h.9:00  
3-4      circle bumps in place  
5-6-7-8      1/8 turn left step right to side recover weight on left h.4:30, 1/8 turn left step right to side recover weight on left h.3:00,

1/8 turn left step right to side recover weight on left h.1:30, 1/8 turn left step right to side recover weight on left h:12.00.

**SEQ. 2(9-16) 1/4 TURN RIGHT SIDE RECOVER, CLOSE, BUMP IM PLACE, PADDLE TURN 1/4 X 4**

1&2 1/4 turn right step left to left side, recover weight on right, step left close near to right h.3:00

3-4 circle bumps in place

5-6-7-8 1/4 turn right step left to side recover weight on right h.6:00, 1/4 turn right step left to side recover weight on right h.9:00, 1/4 turn right step left to side recover weight on right h.12:00, 1/4 turn right step left to side keep the weight on left h.3.00.

**FINAL:**

1-2 Kick right forward stomp right near to left h.12:00

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