

Rasputin

拍數: 32 牆數: 4 級數: High Intermediate
編舞者: Hiroko Carlsson (AUS) - July 2021
音樂: Rasputin - Majestic & Boney M. : (Spotify)



(Dance starts on lyrics)

[S1] Touch Side-In-Side, Reverse Rocking Chair w/ Hook, Coaster Step

1&2 Touch R to the side, Touch R next to L, Touch R to the side
3 4 Rock back on R with L hook forward, Recover weight on L
5 6 Rock forward on R with L hook behind R, Recover weight on L
7&8 Rock back on R, Step L next to R, Step forward on R***

[S2] Side Rock Push-Recover, Sailor 1/4L-Fwd, Fwd, Hitch, Back, Kick

1 2 Rock/push L to the side, Recover weight on R and slightly kick L to the side
3&4 Step L behind R making a ¼ turn left, Step R to the side, Step forward on L (9:00)
5 6 Step forward on R, Hitch L knee
7 8 Step back on L, Kick forward on R**

[S3] Back Rock, 2 Pivots, Out-In Jump Turn 1/4L

1 2 Rock back on R, Recover weight on L
3 4 Step forward on R, Make a ½ turn left recover weight on L (3:00)
5 6 Step forward on R, Make a ½ turn left recover weight on L (9:00)
&7 Jump both feet out shoulder width, Jump both feet in whilst making a 1/8 turn left (7:30)
&8 Jump both feet out shoulder width, Jump both feet in whilst making a 1/8 turn left (6:00)

[S4] Hop & Kick (Diagonal), Side, Tap-Cross-Hop & Kick (Diagonal), Back Rock, 1/4R, 1/2R Hop & Kick (Fwd)

1 2 Hop diagonally back on R/kick diagonally forward on L (5:00), Step L to the side (6:00)
3&4 Tap R toes next to L, Cross R over L, Hop diagonally back on L/kick diagonally forward on R (7:00)
5 6 Rock back on R, Recover weight on L (6:00)
7 8 Make a ¼ turn right stepping forward on R (9:00), Make a ½ turn right hopping back on L/kick forward on R (3:00)

Restart on Wall 5 (starts facing 12:00) Count 16** (9:00)

Restart + Step Change on Wall 11 (starts facing 12:00) count 8*** - instead of R Coaster Step

7&8 Rock back on R, Step L next to R, Touch R next to L (12:00)

Ending suggestion: The last wall starts at 12:00 o'clock, Dance up to count 31. Make a 1/4 turn right hopping back on L/kick forward on R (12:00).

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
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