

The 21 Shuffle

拍數: 32 牆數: 4 級數: Improver
編舞者: Gregory F. Huff (USA) - July 2021
音樂: 21 - Jimmie Allen
或: Dance, Dance, Dance (Yowsah, Yowsah, Yowsah) - Chic



#16 count intro - No tags, no restarts

FORWARD SYNCOPATED RHUMBA, SHUFFLE

1-2 Step left toe to the left, bring left heel down
3-4 Step right toe next to left foot, bring right heel down
5-6 Step left toe forward, bring left heel down
7&8 Step right foot forward, step left next to right, step right foot forward

BACKWARD SYNCOPATED RHUMBA, SHUFFLE

1-2 Step left toe to the left, bring left heel down
3-4 Step right toe next to left foot, bring right heel down
5-6 Step left toe backward, bring left heel down
7&8 Step right foot backward, step left next to right, step right foot backward

STEP TOUCH, SHUFFLE ¼ TURN RIGHT 3X

1-2 Step left foot to the left side, touch right toe next to left foot
3&4 Step right foot ¼ turn to the right, step left next to right, step right foot forward
5&6 Step left foot ¼ turn to the right, step right next to left, step left foot forward
7&8 Step right foot ¼ turn to the right, step left next to right, step right foot forward

WALK FORWARD, KICK, WALK BACK, CLAP, CLAP

1-2 Walk forward left, right
3-4 Walk forward left, kick right foot forward
5-6 Step right foot backward, step left foot backward
7&8 Step right foot backward, clap twice.

Repeat & have fun!!

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