Let's Just Dance

拍數: 32

級數: Beginner

編舞者: Bob Francis (UK) - July 2021

音樂: Let's Just Dance - Michael Ball

Intro: 32 counts Start on the words I Can Remember.

SEC 1 SIDE, BEHIND, SIDE, TOUCH, SIDE TOUCH, QUARTER, HOOK.

- Step Right to Right side, Step Left behind Right. 1-2
- 3-4 Step Right to Right side, Touch Left next to Right.
- 5-6 Step Left to Left side, Touch Right next to Left.
- 7-8 Step back on Right making 1/4 turn Left, Hook Left across Right. 9-00

[As you hook on count 8 raise both arms and snap fingers]

SEC 2 STEP, LOCK, STEP BUSH, CROSS, BACK, SWAY, SWAY.

- 1-2 Step forward on Left, lock Right behind Left,
- 3-4 Step forward on Left, Brush Right forward.
- 5-6 Cross Right over Left, Step back on left.
- 7-8 Rock right to Right, Sway Right hip to Right, Recover on Left, Sway Left hip to Left. 9-00
- [RESTARTS see below]

SEC 3 SIDE, BEHIND, SIDE, TOUCH, FORWARD KICK, BACK TOUCH.

- 1-2 Step Right to Right side, Step Left behind Right.
- 3-4 Step Right to Right side, Touch Left beside Right.
- 5-6 Step forward on Left, Kick Right forward.
- 7-8 Step back Right, Touch left across Right. 9=00

[As you hook on count 8 raise both arms and snap fingers]

SEC 4 STEP, LOCK, STEP, BRUSH, PADDLE QUARTER, PADDLE QUARTER, FLICK.

- 1-2 Step forward on Left, Lock Right behind Left.
- 3-4 Step forward on Left, Brush Right forward.
- 5-6 Step forward on Right pivot 1/4 Left, Step forward on Left.
- 7-8 Step forward on Right pivot ¼ Left, Step forward on left Flicking Right behind Left.

End of dance: Have fun and enjoy

Ending: Start last wall facing 9-00, Dance to count 6, Count 7 Step forward on Right making ¼ turn Right to 12-00 Count 8 Touch Left next to Right.

There are three restarts in this dance all in the same place of the dance and easy to hear

- Restart 1: wall 4 facing 6-00 o'clock after count16.
- Restart 2: wall 7 facing 9-00 o'clock after count 16.

Restart 3: wall 11 facing 3-00 o'clock after count 16.

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Last Update - 9 August 2021





牆數: 4