

Manis Bukan Gula

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Dwi Astutiningsih (INA) - July 2021
音樂: Manis Bukan Gula - Stegga Bwoy : (2021 Remake)



Intro 16 count

Restart on wall 7 after 19& counts

SECTION 1 SWITCHES HEEL TOUCH R L , RF STEP FWD,DIAGONAL TOUCH BACK 2 X

1 & 2 Touch right heel fwd, RF beside LF, Touch L heel fwd
& 3 4 LF beside RF, RF step fwd, LF touch beside RF
5 6 LF step diagonal L back, RF touch beside LF
7 8 RF step diagonal R back, LF touch beside RF

SECTION 2 SHUFFLE L, TURN ½ L SHUFFLE R, TOUCH , SAILOR ¼ TURN L

1 & 2 LF step to L, RF close beside LF, LF step to L
3 & 4 Turn ½ L stepping RF to R facing 06.00, LF close beside RF, RF step to R
5 6 LF cross touch point over RF, LF touch point to L
7 & 8 Turn 1/4 L step LF back facing 03.00, Step RF beside LF, step LF forward

SECTION 3 SYNCOPATED MAMBO CROSS, SHUFFLE FWD,TURN ½ R ANCHOR STEP , COASTER STEP

1 & 2 RF cross LF, Recover on LF, RF step fwd
& 3 & 4 Recover on LF, RF step fwd, LF close RF, RF step fwd

Restart after count 3 n On Wall 7

5 & 6 Turn ½ R with LF cross slightly behind RF facing 9.00, step LF in place, Step RF slightly back
7 & 8 RF step back, LF close beside RF , RF step fwd

SECTION 4 SIDE ROCK, CROSS SHUFFLE, PIVOT ¼ 2x

1 2 LF step to L, Recover on RF
3 & 4 LF cross RF, RF step to R , LF cross RF
5 6 Step RF forward, Turn 1/4 L recover on LF
7 8 Step RF forward, Turn 1/4 L Recover on LF facing 03.00

Enjoy the dance

Hope you like my new choreo

Last Update: 19 Sep 2023