

Cambia El Paso

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Phrased Intermediate
編舞者: Andrico Yusran (INA) - July 2021
音樂: Cambia el Paso - Jennifer Lopez & Rauw Alejandro



Sequence : ABAA A(16)BAA A ABAA

Restart : On wall 5 after 16 count (to part B)

Part A (32c)

#1 *MAMBO FORWARD - BACK - BACK - SAILOR STEP (L - R)*

1&2 Step R forward , L in place , R back
3-4 L back , R back
5&6 L cross behind R , R side , L to side
7&8 R cross behind L , L side , R to side

#2. *CROSS SYNCOPATED - TRIPLE CROSS ROCK - CROSS SAMBA (R-L)*

1&2& Step L cross over R , R side , L cross behind R , R to side
3&4 L cross over R , R recover , L side
5&6 R cross over L , L ball side , R tap in place
7&8 L cross over R , R ball side , L tap in place

#3. *TRIPLE STEP 1/4 TURN - HOLD - CLOSE - SIDE - HOLD (R-L) - TRIPLE CROSS ROCK*

1&2 Step R forward , L in place , R 1/4 turn to R side (3.00)
3&4 HOLD , L close beside R , R to side
5&6 HOLD , R close beside L , L to side
7&8 R cross over L , L recover , R to side

#4 *FORWARD LOCK SHUFFLE - PIVOT 1/2 TURN - FORWARD LOCK SHUFFLE - TRIPLE STEP 1/2 TURN*

1&2 Step L forward , L lock behind R , L forward
3-4 R forward 1/2 turn to L , L in place
5&6 R forward , L lock behind R , R forward
7&8 L forward 1/2 turn to R , R in place , L forward (3.00)

Part B (32c)

#1 *HEEL FORWARD DIAGONAL - BACK - HEEL FORWARD DIAGONAL - BALL FORWARD - CLOSE TOUCH - SIDE TOUCH SYNCOPATED - HITCH - SIDE TOUCH*

1&2 Step R heel forward diagonal to R , R back , L heel forward diagonal to L
&-3-4 L ball close beside R , R forward , L close touch beside R
5&6& L to side touch , L close beside R , R side touch , R close beside L
7&8 L side touch , L knee up , L side touch

#2 *UNWIND 1/2 TURN - SIDE TOUCH - CLOSE - SIDE TOUCH - CROSS SAMBA - CROSS BACK SYNCOPATED*

1-2 Step L cross behind R , Making 1/2 turn to L (weight on L) (9.00)
3&4 R side touch , R close beside L , R side touch
5&6 R cross over L , L ball side , R tap in place
7&8& L cross over R , R back , L back diagonal to L , R cross over L

#3. *SIDE DRAG - CLOSE TOUCH - FORWARD DIAGONAL - CLOSE TOUCH - SIDE - CLOSE TOUCH (L-R) - SIDE CHASSE*

1-2 Step L slightly to side , R close touch beside L

3-4 R forward diagonal to R , L close touch beside R
5&6& L side , R close touch beside R , R side , L close touch beside R
7&8 L to side , R close beside L , L side

#4 *TRIPLE CROSS ROCK - TRIPLE STEP 1/2 TURN - LOCK FORWARD SHUFFLE - TRIPLE STEP 1/4 TURN*

1&2 Step R cross over L , L recover , R side
3&4 L forward 1/2 turn to R , R in place , L forward
5&6 R forward , L lock behind R , R forward
7&8 L forward 1/4 turn to R , R in place , L close beside R

Dancing with Your Heart

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