

Peduli Indonesia Sehat

COPPER KNOB
BY STEPHEN

拍數: 48
編舞者: Uly Dhedhek (INA) - July 2021
音樂: AG Peduli Indonesia Sehat

牆數: 2

級數: Phrased Improver



DANCE SEQUENCE: A - B - A(24C) - B - A(24C) - TAG1 - B - A(16C) - B - A - B - A - TAG2 - B - A(8C)

Sequence A

Session A1. Toe-strut R/L, Coaster Step (2x)

1&2& Touch R toe forward, drop R heel in place, touch L toe forward, drop L heel in place
3&4 step R backward, step L beside R, step R forward
5&6& Touch R toe forward, drop L heel in place, touch R toe forward, drop R heel in place
7&8. step L backward, step R beside L, step L forward

Session A2. Scissor R/L, forward lock shuffle, 1/2 turn R pivot

1&2. Step R to side, step L beside R, cross R over L
3&4. Step L to side, step R beside L, cross L over R
5&6. Step R forward, lock L behind R, step R forward
7&8. Step L forward, make 1/2 turn right step R in place, step L forward

Session A3. Extended wave L/R,

1&2& cross R over L, step L to side, cross R behind L, step L to side
3&4 cross R over L. Step L to side, recover on R
5&6& cross L over R, step R to side, cross L behind R, step R to side
7&8. cross L over R. Step R to side, recover on L

Session A4. Full Volta turn R/L

1&2& making 1/4 turn right step R forward, step ball on L, making 1/4 turn right step R forward, step ball on L
3&4. making 1/4 turn right step R forward, step ball on L, making 1/4 turn right step R forward
5&6& making 1/4 turn left step L forward, step ball on R, making 1/4 turn left step L forward, step ball on R
7&8. making 1/4 turn left step L forward, step ball on R, making 1/4 turn left step L forward

Sequence B

Session B1. Heels R/L, step forward (2x)

1&2& Touch R heel forward, step R in place, touch L heel forward, step L in place
3 - 4 step R forward, close L beside R
5&6& Touch R heel forward, step R in place, touch L heel forward, step L in place
7 - 8 step R forward, close L beside R

Session B2. Heels, step forward, hip bump

1&2& Touch R heel forward, step R in place, touch L heel forward, step L in place
3 - 4 step R forward, close L beside R
5&6 step R to side bump hip to right-left-right (weight on right)
7&8 bump hip to left-right-left (weight on left)

Tag 1. Side mambo (4count)

1&2 step R to right, recover on L, close R beside L
3&4 step L to left, recover on R, close L beside R

Tag 2. Side mambo, toe strut (6count)

1&2 step R to right, recover on L, close R beside L

3&4 step L to left, recover on R, close L beside R

5&6& Touch R toe forward, drop R heel in place, touch L toe forward, drop L heel in place

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