

Day by Day (Sandra & Andres)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Silvi Laurent (INA) - July 2021
音樂: Day By Day - Sandra & Andres



Intro : 16 counts - No Tag No Restart

S1. TOE STRUTS - FORWARD ROCK - SIDE ROCK

- 1-2. Touch R forward, Drop heel R in place
- 3-4. Touch L forward, Drop heel L in place
- 5-6. Step R forward, Recover on L
- 7-8. Step R to R side, Recover on L

S2. BACK - RECOVER - BACK - SWEEP - BACK - RECOVER - BACK - HOLD

- 1-4 . Step R behind L, Recover on L, Recover on R, Sweep L from front to back
- 5-8. Step L backward, Recover on R, Recover on L, Hold

S3. CROSS - FLICK - CROSS - FLICK - FORWARD TOUCH - FLICK - PIVOT 1/4 TURN LEFT

- 1-2 Cross R over L, Quick kick L backward with pointed toe and flexed knee
- 3-4. Cross L over R, Quick kick R backward with pointed toe and flexed knee
- 5-6. Touch R forward, Quick kick R backward with pointed toe and flexed knee
- 7-8. Step R forward, 1/4 turn left step L in place

S4. CROSS - SIDE - CROSS - SWEEP - JAZZ BOX

- 1-2. Cross R over L, Step L to L side
- 3-4. Cross R over L, Sweep L from back to front
- 5-6. Cross L over R, Step R back
- 7-8. Step L to L side, Touch R beside L

Enjoy the dance, be happy

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