

# You Are Beautiful

拍數: 96      牆數: 2      級數: Easy Intermediate  
編舞者: Holly Dockett (AUS) - July 2021  
音樂: You Are Beautiful - Stewart Barton



Introduction - The song has a long intro - the dance starts on the lyrics at 36 seconds (72 counts after the drums start).

## [1-8] Rock cross shuffle, half turn shuffle forward

1,2            Rock R to R side, replace weight on L  
3&4           Cross R over L, step L to L side, cross R over L  
5,6            step L back, turning half turn over right shoulder step forward R  
7&8            Step L forward, bring R to L foot and step L forward

## [9 - 16] Rock replace, back drag, rock and kick ball change

1,2            Rock forward R and replace weight on L  
3,4            Step back R and drag L heel back  
5,6            Rock back L and replace weight on R  
7&8            Kick L forward, step together L, R

## [17 - 24] Rock forward, replace, ¼ turn left and point to R side, Full turn over R, hold, point and hold

1,2,            Rock forward L and replace weight on R  
3,4            Turn ¼ turn L stepping L to L side, pointing R toe to R side and hold  
5,6, 7, 8      Turning over the right shoulder, make a full turn to the right stepping R, L, R and hold

## [25 - 32] Rock back, kick ball change, hip bumps

1,2            \*\* Rock back L, replace weight on R  
3&4            Kick L forward, step together L, R  
5,6,            Sway hips to L side and hold  
7,8            Sway hips R then L

## [33 - 40] Right sailor step, cross unwind, step touch x2

1,&2           Cross R behind L, step L to L side, step R slightly to R side  
3,4            Cross L toe behind R foot and unwind ½ turn over L  
5,6,            Step R across L, touch L toe to L side  
7,8            Step L across R, touch R toe to R side

## [41 - 48] Cross and behind, ¼ turn left, ½ pivot L, ¼ turn R, cross behind, (Figure 8)

1,2            Cross R over L, step L to L side  
3,4            Step R behind L, turning ¼ L step forward on L,  
5,6            Step forward R, making ½ pivot turn  
7,8            Making ¼ turn R, step R to R side, cross L behind R

## [49 - 56] ¼ turn R, hold, pivot ¼, ball jack and hold

1,2,            Turning ¼ right step R forward and hold  
3,4            Step forward L, Pivot ¼ turn right, taking weight on R  
5,6,            Cross L over R, step R to R side,  
7,8            Touch L heel forward into L diagonal and hold

## [57 - 64] Step hitch, step touch, heel touches x3

&1,2           step L together, Step R forward, hitching L knee  
3,4            Step L forward, touch R foot next to left  
5&6&          Touch R heel forward into R diagonal, Touch L heel forward into L diagonal,

7,8 Touch R heel forward into R diagonal and hold

**[65- 72] Rock replace 1 ¼ turn, rock replace coaster step**

1,2 Rock forward R, replace weight on L  
3&4 Turn 1¼ over R stepping R, L, R  
5,6 Rock forward L, replace weight on R  
7&8 Step back on L, Step R beside L, step forward on L

**[73 - 80]\* Step R forward, twist L foot to R, Step L forward, twist R to L foot to L**

1,2 Step R forward, Twist L heel inwards towards R foot  
3,4 Twist L toe inwards towards R, Twist R toe in towards R foot,  
5,6 Step L forward, Twist R heel in towards L foot  
7,8 Twist R toe in towards L foot, Twist R heel in towards L foot

**[81 - 88] Step sweep back, L sailor, ½ pivot**

1,2 Step back R, sweeping L foot  
3&4 Cross L behind R, step R to R side, step L slightly to L side  
5,6 Rock back R, replace weight on L  
7,8 Step fwd R, ½ pivot over L shoulder

**[89 - 96] ½ pivot, stomp x2, sway x2**

1,2 Step fwd R, ½ pivot over L shoulder  
3,4, Stomp R twice next to left  
5,6 Sway hips R  
7,8 Sway hips L, keeping weight on L ready to start dance again

**End of dance**

**EXTRAS:**

**\*Restart: On wall 2, dance up to count 80 (Step and heel twist), then restart the dance.**

**\*\*Ending: After count 26 (rock back on L, replace weight) then step back L turning ¼ turn right, dragging R foot towards left foot**

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