

Menari Sampai Tua

拍數: 32 牆數: 4 級數: Intermediate
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音樂: Menari Sampai Tua - Donne Maula



Intro : 24

* Restart on wall 5 after 16 count with step change

** Variation 32 count happens after wall 8

I. SLIDE BACK - HEEL SWITCHES - HEELS DROP TURN 1/4 L

1 2 Slide Rf to backward in 2 count drag L heel to Rf
& 3 Close Lf beside Rf - Touch R heel forward
& 4 Close Rf beside Lf - Touch L heel forward
& 5 Close Lf beside Rf - Step Rf forward
& 6 Bring heels up - Drop heels down
& 7 Turn 1/8 L Bring heels up - Drop heels down
& 8 Turn 1/8 L Bring heels up - Drop heels down (09.00)

II. SLIDE SIDE - CROSS - UNWIND 3/4 L - FORWARD ROCK - COASTER

1 2 Slide Rf to right in 2 count drag Lf to Rf
& 3 4 Close Lf behind Rf (3rd position) - Step Rf cross over Lf - Turn 3/4 L weight on Lf (12.00)
5 6 Step Rf forward - Recover on Lf
7 & 8 Step Rf back - Close Lf beside Rf - Step Rf forward
* RESTART HAPPEN HERE , CHANGE LAST 2 STEP WITH
7 8 Step Rf back - Close Lf beside Rf

III. SIDE ROCK - BACK SIDE CROSS - ROCK STEPS - SIDE CLOSE SIDE

1 2 Step Lf to left - Recover on Rf
3 & 4 Step Lf behind Rf - Step Rf to right - Step Lf cross over Rf
5 6 Step Rf to right - Step Lf to left
(Option : rise shoulder up R & L)
7 & 8 Step Rf to right - Close Lf to Rf & hop lift Rf to right side on same time - Step on Rf to right

IV. STEP FORWARD SWEEP 2X - FORWARD RECOVER TURN 1/4 L - FULL TURN L - FORWARD ROCK

1 2 Step Lf forward Sweep Rf from back to front - Step Rf forward Sweep Lf from back to front
3 & 4 Step Lf forward - Recover on Rf - Turn 1/4 L Step Lf to left (preparing to turn)
5 6 Turn 1/2 L Step Rf to right - Turn 1/2 L Step Lf to left (09.00)
7 8 Step Rf forward - Recover on Lf

** Variation happens after wall 8 (03.00)

I. STOMP & CLAPS

1 2 Stomp Rf to right - Hold
3 Slap R hand to R thigh -
& 4 Clap twice
5 6 Turn 1/4 L Stomp Lf to left - Hold
& 7 Slap R hand to R thigh - Slap L hand to L thigh
& 8 Clap twice

II. STOMP & CLAPS

1 2 Turn 1/4 L Stomp Rf to right - Hold
3 Slap R hand to R thigh -
& 4 Clap twice
5 6 Turn 1/4 L Stomp Lf to left - Hold

& 7 Slap R hand to R thigh - Slap L hand to L thigh
& 8 Clap twice

III. STOMP ROCK - FORWARD SHUFFLE

1 2 Stomp Rf forward - Step Lf back hitch R knee up
3 & 4 Step Rf forward - Close Lf beside Rf - Step Rf forward
5 6 Stomp Lf forward - Step Rf back hitch L knee up
7 & 8 Step Lf forward - Close Rf beside Lf - Step Lf forward

IV. STOMP ROCK - SIDE BACK SIDE

1 2 Turn 1/8 L Stomp Rf forward - Step Lf to back Hitch R knee (04.30)
3 & 4 Turn 1/8 L Step Rf to right - Step Lf behind Rf - Step Rf to right (03.00)
5 6 Turn 1/8 L Stomp Lf forward - Step Rf back Hitch L knee (01.30)
7 & 8 Turn 1/8 R Step Lf to left - Step Rf behind Lf - Step L to left (03.00)

Stay safe all friends all around the world ..
Stay strong .. stay happy ...

Happy dancing forever ..
