

# Get Your Hands Up

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Rob Holley (USA) - July 2021  
音樂: Hands Up - Tim Hicks : (CD: 5:01+ iTunes)



Intro: 48 (start on vocals)

## [1-8] SLIDE STEPS DIAGONALLY RIGHT FORWARD, V-STEP W/TOUCH

- 1&            Step ball of R diagonally forward (1), slide L next to R (&) (1:30)  
2&            Step ball of R diagonally forward (2), slide L next to R (&)  
3&            Step ball of R diagonally forward (3), slide L next to R (&)  
4             Step R diagonally forward (4)  
5-6          Turn 1/8 L & step L out & forward (5), step R out & side (6) (12:00)  
7-8          Step L in & back (7), touch R next to L (8)

**NOTE: During the chorus (on counts 1-8) the lyrics will say "So get your hands up, up, up, up to the sky."  
Feel free to add any additional arm or hand movement for styling.**

## [9-16] ROLLING VINE RIGHT W/POINT, BEHIND SIDE FORWARD, WALK, WALK

- 1-4            Turn ¼ R & step R fwd (1), turn ½ R & step L back (2), turn ¼ R & R side (3), point L to L side (4)  
5&6          Step L behind R (5), step R to R side (&), step L forward (6)  
7-8          Step R forward (7), step L forward (8)

**\*Restart - wall 8\***

## [17-24] HOP UP-UP, HOLD, ¼ TURN HIP ROLL LEFT, SIDE MAMBO

- &1-2          Hop/step R forward (&), step L next to R (1), hold (2)  
3-6          Step R forward (3), turn 1/8 L & roll hips (weight on L) (4) (10:30)  
5-6          Step R forward (5), turn 1/8 L & roll hips (weight on L) (6) (9:00)  
7&8          Step R to R side (7), step L in place (&), step R next to L (8)

## [25-32] FORWARD/BACK HIP ROLL, ½ PIVOT, FORWARD SHUFFLE

- 1-4            Step L forward while pushing hips forward (weight to L) (1), pull hips back (weight to R) (2), push hips forward (weight to L) (3), pull hips back (weight to R) (4)  
5-6          Step L forward (5), turn ½ R (weight to R) (6) (3:00)  
7&8          Step L forward (7), step R next to L (&), step L forward (8)

**\*Restart after count 16 on wall 8 facing 9:00\***

Contact: holleyrp1966@gmail.com

Facebook: <https://www.facebook.com/TeamHolleyLineDancing/>

MeWe: <https://mewe.com/p/TeamHolleyLineDancing/>

YouTube: <https://www.youtube.com/channel/UCTLzF7cjsl2k-gtAOdxPceA>