

A Viva la Vida (To Live The Life)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Norman Gifford (USA) - July 2021
音樂: Viva La Vida - Helene Fischer



(16 Beat Count-in)

(Samba locks forward with hip action, botafogo steps forward)

1,a,2 Left cross slightly forward; right lock behind left; left step slightly forward
3,a,4 Right cross slightly forward; left lock behind right; right step slightly forward
5,a,6 Left cross forward; right step side; left step slightly side
7,a,8 Right cross forward; left step side; right step slightly side

(Mambo-turn ¼ left, volta step side, whisks left & right)

1,a,2 Left rock forward; right replace back; left step side turning ¼ left (9:00)
3,a,4 Right crossover; right lock behind; right step crossed over
5,a,6 Left step side; right behind; left replace
7,a,8 Right step side; left behind; right replace

(Mambo-step back, sailor-step turning ¼ right, rock-step, coaster-step)

1,a,2 Left rock forward; right replace; left step back
3,a,4 Right sweep behind turning ¼ right; left together; right step forward (12:00)
5 - 6 Left rock forward; right replace
7,a,8 Left step back; right together; left step slightly diagonal

(Volta steps turning ¾ left, whisks left & right)

1,a Right crossover turning left; left lock behind (10:30)
2,a Right crossover turning left; left lock behind (7:30)
3,a Right crossover turning left; left lock behind (4:30)
4 Right crossover turning left (3:00) ***R***
5,a,6 Left step side; right behind; left replace
7,a,8 Right step side; left behind; right replace

BEGIN AGAIN

R

RESTART: Done on wall #2 (facing 6:00), wall #6 (facing 6:00), and wall #9 (facing 3:00)

Last Update - 15 July 2021