

I Just Need U

拍數: 64 牆數: 2 級數: Intermediate
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音樂: I just need U. - TobyMac : (Amazon.com)



(16 cnt intro)

S1: Step lock & step touch, back drag, ball walk walk

1-2& Step R fwd to right diagonal, lock L behind R, step R fwd
3-4 Step L to left diagonal, touch R beside L
5-6 Step R back, drag L heel back
&7-8 Step on ball of L, walk fwd R, L

S2: Step turn 1/4 L, cross shuffle, step sweep, sailor turn 1/2 R

1-2 Step R fwd, turn 1/4 left step L 9:00
3&4 Cross shuffle R L R
5-6 Step L to left side, sweep R from front to back
7&8 Turn 1/2 right step R behind L, step L to left side, step R to right side 3:00

S3: Step touch, step touch, step swivel swivel hitch

1-2 Step L fwd to left diagonal, touch R beside L
3-4 Step R fwd to right diagonal, touch L beside R
5-8 Step L fwd to left diagonal, swivel R heel in, swivel toes in, hitch R

S4: Behind, side, cross & cross, turn 1/4 R, turn 1/4 R, shuffle

1-2 Step R behind L, step L to left
3&4 Cross R over L, step L to left side, cross R over L
5-6 Turn 1/4 right step L back, turn 1/4 right step R fwd 9:00
7&8 Shuffle fwd L R L

S5: Out out/snap, in in/snap, mambo step, coaster step

&1-2 Step fwd/out R, L/snap fingers
&3-4 Step back/in R, L/snap fingers
5&6 Rock R fwd, recover L, step R slightly back
7&8 Step L back, step R beside L, step L fwd

S6: Rumba box hold, rock recover, turn 1/2 L, turn 1/4 L

1-4 Step R to right side, step L beside R, step R fwd, hold
5-6 Rock L fwd, recover R
7-8 Turn 1/2 left step L fwd, turn 1/4 left step R to right side 12:00

***** Restart here on Wall 1 (12:00), and Wall 3 (6:00); add '&' cnt - 'step L beside R' to restart

S7: & heel hold, & toe & heel, & walk walk, mambo step

&1-2 Step L back, tap R heel fwd, hold
&3&4 Step R down, tap L toe beside R, step L back, tap R heel fwd
&5-6 Step R down beside L, walk fwd L, R
7&8 Rock L fwd, recover R, step L slightly back

S8: Back touch, turn 1/4 L touch, turn 1/4 L touch, step, hip bumps

1-2 Step R back, touch L beside R
3-4 Turn 1/4 left step L fwd, touch R beside L 6:00
5-6 Turn 1/4 left step R to right side, touch L beside R
7&8 Step L fwd bump hips L R L

Ending: Wall 7 is last wall facing 12:00....dance 8 counts, then add a rocking chair to end facing front
