

# West Coast Swing Me

COPPERKNOB  
BY STEPHENETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Jim PAVADÉ (FR) - July 2021  
音樂: Royals - Lorde



The dance starts with the body weight on the LF

## S1 : Point , Point, Sailor Step, Point, Point Sailor Step with 1/4 turn left

1 2            Point RF forward, Point RF to side (12h00),  
3 & 4          Cross RF behind LF, Step LF to left side, Step RF to right side,  
5 6            Point LF forward, Point LF to side,  
7 & 8          Cross LF behind RF, Step RF to right side with 1/4 turn left, LF to left side (09h00).

## S2 : V Step, Hip Roll (X2)

1 2            Slide RF forward Out, Slide LF forward Out,  
3 4            RF back In, LF back In (beside RF),  
5 6            Hip Roll with 1/4 turn right & Step RF in place, Step LF in place (12h00),  
7 8            Hip Roll with 1/4 turn right & Step RF in place, Step LF in place (03h00).

## S3: Slide back RF & LF, Cross Sugar Push, Camel Walk, Kick Ball Point

1 2            Slide Back RF, Slide back LF,  
3 & 4          Cross RF over LF turning body to R diagonal , Step slightly back LF, Step RF to right side,  
5 6            Step L forward and Touch R beside L , step R forward and Touch L beside R,  
7 & 8          Kick LF forward, Ball on LF, Point RF to right side.

## S4 : Dorothy Step R & L, Body Roll, Ball step Back, Cross, Turn 1/2 right

1 2 &          Slide RF forward on the R diagonal, LF lock behind RF, RF forward on the R diagonal,  
3 4 &          Slide LF forward on the L diagonal, RF lock behind LF, LF forward on the left diagonal,  
5 6            RF forward on the right diagonal with a Body Roll, Recover on LF,  
&7 8          Ball step back on RF, Cross LF over RF, 1/2 Turn right (09h00).

## TAG at the end of wall 3 (03h00)

### [1 - 8] : Side-Point (X4) with Hip Bump and Snap

1 2            RF side with hip bump to the right, point LF to L side with snap,  
3 4            LF side with hip bump to the left, point RF to R side with snap,  
5 6            RF side with hip bump to the right, point LF to L side with snap,  
7 8            LF side with hip bump to the left, point RF to R side with snap.

Enjoy !