

# Dura

拍數: 32                      牆數: 4                      級數: High Improver  
編舞者: Anna Bax (INA) & Wina (INA) - July 2021  
音樂: Dura - Daddy Yankee



Intro Music on vocal 16 counts

## INTRO :

### I. WALK (R-L), FWD MAMBO, RECOVER, BOTAFOGO (R-L)

1 - 2                      Step R forward, Step L forward  
3 & 4 &                  Rock R forward, Recover on left, Rock R backward, Recover on left  
5 & 6                      Cross R over left, Step L to side, R in place  
7 & 8                      Cross L over right, Step R to side, L in place

### II. JAZZ BOX (R-L), PIVOT TURN ½ LEFT

1 & 2                      Cross R over left, Rock L backward, Step R to side  
3 & 4                      Cross L over right, Rock R backward, Step L to side  
5 - 6                      Step R forward, Turn ½ left Recover on L (weight on left)  
7 - 8                      Step R forward, Turn ½ left Recover on L (weight on left)

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## MAIN DANCE :

### I. ROCK RECOVER, BACK RECOVER, CROSS, SIDE, TOUCH HEELS DIAGONAL FWD, DROPPED HEELS, CROSS SHUFFLE, TURN ¼ RIGHT, LOCK SHUFFLE

1 & 2 &                      Step R forward, Recover on left, Step R backward, Recover on left  
3 & 4 &                      Cross R over left, Step L to side, Touch R heel diagonal forward, Dropped R heel in place  
5 & 6                      Cross L over right, Step R to side, Cross L over right  
7 & 8                      Turn ¼ R Step right forward, Lock L behind right, Step R forward

### II. CROSS OVER, RECOVER, SIDE, RECOVER, CROSS BEHIND, SIDE, FWD

1 & 2 &                      Cross L over right, Recover on Right, Step L to side, Recover on R  
3 & 4                      Cross L behind right, Step R to side, Step L forward  
5 & 6 &                      Cross R over left, Recover on left, Step R to side, Recover on left  
7 & 8                      Cross R behind left, Step L to side, Step R forward

### III. SIDE, TOUCH, SIDE, TOUCH, CHASSE (R-L)

1 & 2 &                      Step L diagonal forward, Touch R beside left, Step R diagonal forward, Touch L beside right  
3 & 4 &                      Step L to side, Close R beside left, Step L to side, Touch R beside left  
5 & 6 &                      Step R diagonal backward, Touch L beside right, Step L diagonal backward, Touch R beside left  
7 & 8                      Step R to side, Close L beside right, Step R to side

### IV. HEEL JACK, CROSS SUFFLE WITH SHIMMY SHOULDER, TURN ½ LEFT CROSS SUFFLE WITH SHIMMY SHOULDER, WALK SALSA FWD

1 & 2 &                      Cross L over right, Step R to side, Touch L heels diagonal forward, Dropped L heel in place  
3 & 4                      Cross R over left, Step L to side, Cross R over left (with pushing shoulder R, L, L : down, up, down)  
5 & 6                      Turn ½ left Cross L over right, Step R to side, Cross L over right (with pushing shoulder L, R, L : up, down, up)  
7 & 8 &                      Step forward on R, L, R, L

TAG : TURN ¼ PRESS (R-L), BACK TO CENTER (R-L), TURN ¼ LEFT STOMP FWD, TURN ¼ LEFT

## **STOMP (2x), TURN ¼ LEFT TOUCH R BESIDE**

- 1 - 2 Turn ¼ left Press R to side (facing on 09:00) - Turn ¼ right Step R next to L (facing on 12:00)  
3 - 4 Turn ¼ right Press L to side (facing on 03:00) - Turn ¼ left Step L next to R (facing on 12:00)  
5 - 6 - 7 - 8 Turn ¼ left Stomp R forward (weight on right) facing body on 09:00 - Turn ¼ left Stomp R to side (weight on right) facing body on 06:00 - Turn ¼ left Stomp R to side (weight on right) facing body on 03:00 - Turn ¼ left Touch R to beside (facing on 12:00)

**Note :**

**(Count 5 - 6 - 7 - 8 : Can be Hip Bumps or Hip Rolls or Point Touch a Stomp Motion)**

**NOTE :**

**(1). INTRO :**

16 counts

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**(2). TAG :**

**(2a). After Intro (16 counts)**

**(2b). On wall 3 after (8 counts): facing on 09:00 after CHANGE STEP**

**(2c). On wall 7 after (16 counts): facing on 09:00 after CHANGE STEP**

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**(3). RESTART :**

**On wall 6 after (24 counts): facing on 06:00 before CHANGE STEP**

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**(4). CHANGE STEP :**

**(4a). On wall 3 (8 counts) before TAG.**

**FWD ON LEFT, TOUCH ON RIGHT**

& 8 Step L forward, Touch R beside left.

**(4b). On wall 6 (24 counts) before RESTART**

**CLOSE TOGETHER : Add Step (1 count)**

& Close L together

**(4c). On wall 7 (16 counts) before TAG**

**TOUCH ON RIGHT :**

8 Touch R beside left

**ENDING :**

**# CROSS, RECOVER, TURN ½ LEFT, SAILOR STEP FWD**

1 & 2 & 3 Cross L over right, Recover on right, Turn ½ left Cross L behind right, Close R together, Rock L forward

Enjoy your dance

Thank you ♥

For more information about Step Sheets and Song, Please contact :

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