Le Chat et la Souris

拍數: 32

級數: Beginner

編舞者: Beatriz Gonzalez Paradell (UK) - July 2021

音樂: Le bal des chats - Cécile Corbel

[1-8] SHUFFLE x 2, HEEL&POINT, HEEL&TOUCH

- RF step diagonally forward to right, LF step next to RF, RF step diagonally forward to right 1&2
- 3&4 LF step diagonally forward to left, RF step next to LF, LF step diagonally forward to left
- 5&6 RH touch forward, RF together, LF point to left side
- 7&8 LH touch forward, LF together, RF touch next to LF

[9-16] CHASSE ¼ TURN, SHUFFLE ½ TURN, HEEL SWITCHES, SCUFF, TOUCH

- 1&2 RF to R side, LF next to RF, RF 1/4 turn to right
- 3&4 LF stepping ¼ to left, step RF next to LF, LF ¼ turn stepping backward
- 5&6& RH touch forward, RF next to LF, LH touch forward, LF next to RF
- 7&8 Scuff with RF, Hitch right knee, RF touch next to LF

[17-24] CHASSE, ROCK, CHASSE, ROCK

- 1&2 RF to R side, LF next to RF, RF to R side
- 3 4 Rock LF cross over RF, Recover RF
- 5&6 LF to L side, RF next to LF, LF to L side
- 7 8 Rock RF cross over LF, Recover LF

[25-32] SHUFFLE ½, SHUFFLE ½, ROCK, KICK BALL CHANGE

- RF stepping 1/4 to right, step LF next to RF, RF 1/4 turn stepping forward 1&2
- 3&4 LF stepping 1/4 to left, step RF next to LF, LF 1/4 turn stepping backward
- 5-6 RF rock forward, recover weight on LF
- RF kick forward, step on ball of R, LF step in place 7&8

TAGS: AT THE END OF WALL 3, WALL 5 AND WALL 7

CROSS, BACK, CHASSE, CROSS, BACK, COASTER STEP

- Cross RF over LF, LF step back 1 - 2
- 3&4 RF step to the right, LF next to RF, RF step to the right
- 5 6 Cross LF over RF, RF step back
- 7&8 LF step back, RF next to LF, LF step forward

Enjoy!





牆數:4