

# The Only One

**COPPER KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Bunda Chris (INA) - July 2021  
音樂: The Only One - Sierra Soetedjo



## \*START ON LYRICS\*

### \*S1. RUMBA BOX - STEP DOWN - FORWARD\*

1&2      Step L To Side, Step R Together,  
3&4      Step L Back together R, Side R L Together R Forward  
5&6      Step Down L Forward, Hips  
7&8      Step Down R Forward, Hips

### \*S2. PRISSY WALK - STEP CROSS - FORWARD\*

1 - 2      Prissy Walk L R Forward  
3 &4      Mambo Cross L Recover  
5 - 6      Prissy Walk R L Forward  
7 &8      Mambo Cross R Recover

### \*S3. SIDE BACK CROSS - MOVE STEP SWITCHES\*

1&2      Step L Side Together Side  
3&4      Step Cross Back, Recover Side R  
5&6&7&8      Step Back Side, Forward Side, Back Side, Forward Side

### \*S4. TURN L ¼ - WALK - HIPS RIGHT - SIDE TURN ½\*

1 - 2      Turn ¼ Hitch, Step Walk RL,  
3&4      Step Together, Hips  
5&6      Side L Together R  
7&8      Turn Side L ½, Step Rock R, Recover

## \*LETS DANCE AND ENJOY IT\*

Contact: [annienatalia2512@gmail.com](mailto:annienatalia2512@gmail.com)