

Ten Out Of Ten

拍數: 56 牆數: 4 級數: Intermediate
編舞者: Syafri's Fitri (INA) - July 2021
音樂: 10 Out of 10 - Louchie Lou & Michie One



Start : After Intro 32 C

RESTARTS :

Wall 2 after 48 C

Wall 4 after 40 C

Wall 6 after 4 C

I . (SIDE - ROCK BACK CROSS) R/L - WALK FORWARD R/L/R -HITCH

1 2& Step R to side, step L back cross, recover on R

3 4& Step L to side, step R back cross, recover on L

5 6 Step R/L Walk Forward

7 8 Step R Forward, step L Hitch

II . (SIDE - ROCK CROSS OVER) R/L - WALK BACK R/L/R with MOVE SHOULDER - HOOK

1 2& Step R to side, step L Cross Over, Recover on R

3 4& Step L to side, step R Cross Over, Recover on L

5 6 Step R/L walk back

7 8 Step R backward, step L Hook

III. SIDE - TOGETHER - SACHEE - SYNCOPATED DIAGONAL ROCKING CHAIR TOUCH

1 2 Step R to side, step L closed to R

3&4 Step R to side, step L closed to R, step R to side

5&6& Step L Cross Over R, Recover on R, step L back diagonal, Recover on R

7&8 Step L Cross Over R, Recover on R, step L back diagonal Touch

IV. SIDE - CLOSE - SACHEE TURN 1/4 - PUSH HIPS FORWD & BACK

1 2 Step L to Side, step R closed to L

3&4 Step L to side, step R closed to L, 1/4 Turn left step L Forward

5 6 Step R forward Push Hips forward - back

7&8 Step R forward Push Hips forward-back-forward

V. CROSS OVER - SCISSOR - SIDE - CROSS OVER - SIDE - CROSS SACHEE

1 Step R Cross Over

2&3 Step L to Side, step R Closed to L, step L Cross Over R

4 Step R to Side

5 6 Step L Cross Over, step R to Side

7&8 Step L Cross Over, step R to Side, step L Cross Over

VI. SACHEE - SACHEE TURN 1/4 - SIDE MAMBO R / L

1&2 Step R to side, step L Closed to R, step R to side

3&4 Step L to Side, step R Closed to L, 1/4 Turn left step L Forward

5&6 Step R to Side, Recover on L, step R to Side

7&8 Step L to Side, Recover on R, step L to Side

VII. DIAGONAL SHUFFLE R / L - (DIAGONAL -CLOSED) R / L

1&2 Step R Forward diagonal, step L Closed to R

3&4 Step L Forward diagonal, step R Closed to L

5 6 Step R Back diagonal, step L Touch Closed to R

7 8

Step L Back diagonal step R Touch closed to L

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