

Plain Jane

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 3 級數: Improver
編舞者: Hiroko Carlsson (AUS) - July 2021
音樂: Plain Jane - Bobby Darin : (Spotify / Deezer)



(Intro: 8 counts)

[S1] Side Shuffle, Behind, 1/4R, 1/4R Side Rock, Cross Rock

1&2 Side shuffle to the right on R-L-R
3 4 Step L behind R, Make a ¼ turn right stepping forward on R (3:00)
5 6 Make a ¼ turn right rocking L to the side, Recover/replace weight on R (6:00)
7 8 Rock L across R, Recover/replace weight on R

[S2] Side Shuffle, Behind, 1/4L, Step-Pivot 1/2L, Fwd, Together

1&2 Side shuffle to the left on L-R-L
3 4 Step R behind L, Make a ¼ turn left stepping forward on L (3:00)
5 6 Step forward on R, Make a ½ turn left recover weight on L (9:00)
7 8 Step forward on R, Step L together

[S3] Toe, Heel, Toe-Heel-Toe, Side Rock, Behind, Side, Cross

1 2 Touch R toe to right side, Touch R heel beside left foot
3&4 Touch R toe to right side, Touch R heel beside left foot, Touch R toe to right side
5 6 Rock R to the side, Recover/replace weight on L**
7 8 Step R behind L, Step L to the side, Cross R over L

[S4] Toe, Heel, Toe-Heel-Toe, Coaster Step, Step-Pivot 1/2L

1 2 Touch L toe to left side, Touch L heel beside right foot
3&4 Touch L toe to left side, Touch L heel beside right foot, Touch L toe to right side
5&6 Step back on L, Step R next to L, Step forward on L
7 8 Step forward on R, Make a ½ turn left recover weight on L (3:00)

Restart on Wall 2 Count 22** (12:00) and Wall 4 count 22** (12:00)

Note: Push to the right and carry a new wall.

Ending suggestion: The last wall starts at 6:00 o'clock, dance up to count 30. Make a ¼ turn left stepping R to the side, Drag L close to R (12:00).

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
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