

Southerland Dance

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Siggie Guldenfuß (DE) - July 2021
音樂: Dance - Southerland



Note: The dance begins when the singing starts.

S1. Section: Walk, Walk, Mambo Step, Back, Back, Coaster Step

1-2 RF step forward, LF step forward
3&4 RF step forward, slightly raise the LF and weight back onto LF, RF step back
5-6 LF step back, RF step back
7&8 LF step back, RF next to LF and LF step forward

S2. Section: Heel & Heel & Touch Back, ½ Turn, Vaudeville & Heel, Hook

1& tap right heel forward, RF next to LF
2& tap left heel forward, LF next to RF
3-4 tap right toe backwards, ½ turn to the right (then weight onto RF) (6 o'clock)
5& cross LF in front of RF, RF next to LF
6& tap left heel forward, LF next to RF
7-8 tap right heel forward, bend right leg in front of left leg

Restart: At the 5th and 11th wall stop here and dance from the beginning (both at 3 o'clock).

S3. Section: Step, Close, Point & Point & Rocking Chair

1-2 RF step forward, LF next to RF
3& tap right toe to the right, RF next to LF
4& tap left toe to the left, LF next to RF

Restart: At the 3rd wall stop here end dance from the beginning (12 o'clock).

5-6 RF step forward, slightly raise the LF and weight back onto LF
7-8 RF step back, slightly raise the LF and weight back onto LF

Restart: At the 9th wall stop here and dance from the beginning (12 o'clock).

S4. Section: Samba Across with ¼ turn, Cross, Side, Behind & Cross, Kickball Change

1&2 ¼ turn to the right, cross RF in front of LF, LF step to the left, slightly raise the RF and weight back onto RF (9 o'clock)
3-4 cross LF in front of RF, RF step to the right
5&6 cross LF behind RF, RF next to LF and cross LF in front of RF
7&8 kick RF forward, RF next to LF, slightly raise the LF and weight back onto LF

Dance, Have Fun & Smile!