

Bella Ciao

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Jane Young (TW) - July 2021
音樂: Bella Ciao - Chico & The Gypsies



Intro: 32 counts (17 secs) / no restart, no tag

Sec-1: R weave 1/4R , weave 1/4L , with touch

1-2-3-4 R to R 1), L behind R 2), 1/4R R to R 3), L to L 4) 3:00
5-6-7-8 R behind L5), L to L 6), 1/4L R to R 7), L touch beside R 8) 12:00

Sec-2: L toe back , R-L heel swivel 1/4 L, R-side shuffle, L heel back, R-L toe swivel 1/4L , R-side shuffle

1 &2 L toe back 1), R-heel 1/4L &), L-heel 1/4 L 2) (wt.on L)
3 &4 R to side , L tog R, R to side (R side shuffle) 9:00
5 &6 L heel back, R-toe 1/4L, L- toe 1/4L (wt.on L)
7 &8 R to side, L tog R , R to side (R side shuffle) 6:00

Sec-3: L&R dorthy step, L(bend knees) R make 3/8R small circle, R-stretch

1-2& L-diagonal L fwd 1), R-lock behind L 2), L fwd &)
3-4& R-diagonal R fwd 3), L lock behind L 4), R fwd &)
5-6-7-8 L fwd (bend knees) 5), R-leg make a 3/8R small anti-clock circle on the floor 6-7), R stretch 8) 9:00

Sec-4: L fwd, R back, 1/2L shuffle turn, R-rocking chair

1 - 2 L fwd 1), R back 2)
3 &4 1/4L L side 3), R tog L &), 1/4L L side 4)
5-6-7-8 R fwd 5), L back 6), R back 7) , L fwd 8) 3:00

**Ending: at 9 Wall (facing 12:00) last step 1/4L L fwd
update: 7/7 /2021**

Last Update - 7 July 2021