

Lipstick

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Beginner
編舞者: Laura Rittenhouse (AUS) - July 2021
音樂: Lipstick - Runaway June



Start after 16 beats (uses 86 BPM timing)

S1: SHUFFLE R, TOE-HEEL-STOMP WITH L; REPEAT TO L

1&2,3&4 Step R to R, Step L beside R, Step R to R; Bounce L toe beside R, Bounce L heel beside R,
Bounce L foot beside R (keeping weight on R foot)
5&6,7&8 Step L to L, Step R beside L, Step L to L; Bounce R toe beside L, Bounce R heel beside L,
Bounce R foot beside L (keeping weight on L foot)

S2: DOUBLE TIME LOCK FWD R & L; STEP ON DIAGONALS BACK X 4

1&2,3&4 Step R forward, Lock L behind, Step R forward; Step L forward, Lock R behind L, Step L fwd
5,6,7,8 Step back R on R diagonal, Step back L on L Diagonal, Step back R on R Diagonal, Step
back L on L Diagonal

S3: DOUBLE SIDESTEP UP AT R THEN L DIAGONAL; DOUBLE SIDESTEP DOWN AT R THEN L DIAGONAL

1&2,3&4 Step R to R fwd diagonal, Step L beside R, Step R to R fwd diagonal; Step L to L fwd
diagonal, Step R beside L, Step L to L fwd diagonal
5&6,7&8 Step R to R back diagonal, Step L beside R, Step R to R back diagonal; Step L to L back
diagonal, Step R beside L, Step L to L back diagonal

S4: ROCKING CHAIR WITH HITCH; ROCK AND TURN

1,2,3,4 Rock R forward, Recover on L, Rock R back, Hitch L knee & clap
5,6,7,8 Rock L forward, Recover on R, Turn L ¼ stepping L (9:00), Touch R beside L