

ça Vaut De L'or

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 2 級數: Phrased Intermediate
編舞者: Jim PAVADÉ (FR) - July 2021
音樂: De l'or - Vitaa & Slimane



The dance starts with the body weight on the RF
Sequence: AA B AA Tag A B AAAAAA

Sequence A (32 Counts)

A1: Mambo Forward LF , Mambo Back RF, Mambo Side LF with 1/2 turn Right, Mambo Side RF

1 & 2 LF forward, Recover on RF, LF step back (12h00),
3 & 4 RF step back, Recover on LF, RF next LF,
5 & 6 LF to side, Recover on RF, LF next RF with 1/2 turn right (06h00),
7 & 8 RF to side, Recover on LF, RF next LF.

A2: Slide Back Step touch on Left Diagonal, Slide Back Step touch on Right Diagonal (X2)

1 2 Slide Back LF on the left diagonal, Touch RF next LF,
3 4 Slide Back RF on the right diagonal, Touch LF next RF,
5 6 Slide Back LF on the left diagonal, Touch RF next LF,
7 8 Slide Back RF on the right diagonal, Touch LF next RF (01h30)

A3: Heel Grind, Coaster step, 1/2 Turn Left, Kick Ball-Point

1 2 Left Heel forward & Twist 1/8 turn right, RF to Right side (12h00),
3 & 4 LF step back , RF next to LF, LF forward,
5 6 RF forward, 1/2 turn to the left (06h00),
7 & 8 Kick RF forward, Ball on RF, Point LF to Left side.

A4 : Jazz Triangle with 1/4 Turn left (X2)

1 2 3 4 LF cross over RF, RF step back, LF to side with 1/4 turn to left, RF next to LF (09h00),
5 6 7 8 LF cross over RF, RF step back, LF to side with 1/4 turn to the left, RF next to LF (06h00).

Sequence B (16 Counts)

B1 : Slow Motion Step on LF

1 2 3 4 Hitch LF slowly & open arms up (1,2), Lower Slowly LF forward & Arms (3,4)
5 6 7 8 Bending left knee slowly and continue to lower arms (12h00).

B2 : 1/2 Turn to Right & Slow Motion Step on RF

1 2 3 4 1/2 turn right, Hitch RF slowly & open arms up (1, 2), Lower Slowly RF forward & Arms (3,4)
5 6 7 8 Bending right knee slowly and continue to lower arms (06h00).

TAG (06h00)

[1 - 2] : Step Forward & 1/2 Turn to the Right

1 2 LF forward, pivot 1/2 turn right (12h00).

Enjoy !

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