

Hurt So Good

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Amy Christian (USA) - July 2021
音樂: Hurts So Good - John Mellencamp



Intro: 56 count from the start of the song.

Sequence: intro 56, 32,32,32,12,32,32,32,4,32,32,32,32,32.

ROCKING CHAIR, OUT-OUT-IN-IN,

1-4 Rocking Chair R-L-R-L, (**Restart on wall 8)

5-8 Step R out to right side, Step L out to left side, Step R in, Step L next to R, (NOT a V-Step),

HEEL, HOOK, HEEL, FLICK, VINE R with a SCUFF, VINE L with a SCUFF,

1-4 Place R heel diagonally fwd, Hook R across L ankle (or Touch R next to L), Place R heel diagonally fwd, Flick R to right side,

(* Restart on wall 4)

5-8 Vine right with a Scuff,

1-4 Vine left with a Scuff,

MAKE A ½ U-TURN RIGHT WITH STEP- SCUFFS X 4,

5-8 Step R diagonally fwd (1:30), Scuff L (Clap), Step L diagonally fwd (4:30), Scuff R (Clap),

1-4 Step R diagonally fwd (7:30), Scuff L (Clap), Step L diagonally fwd (9:00), Scuff R (Clap) [6:00],

SIDE-ROCK, STOMP R TWICE,

5-8 Rock R out to right side, Recover on L, Stomp R twice next to L with weight remaining on L,

Begin again!

RETARTS - There are 2 restarts.

*On Wall 4 you dance 12 counts and start over. (Wall 4 starts, facing the 6:00 wall).

** On Wall 8 you dance 4 counts and start over. (Wall 8 starts, facing the 12:00 wall)

Email: amyc@linefusiondance.com Website: www.linefusiondance.com