

Rising Girl

COPPER KNOB
BY SHEETS

拍數: 48 牆數: 2 級數: Phrased Improver
編舞者: Janet (Zhen Zhen) Ge (CN) - July 2021
音樂: Rising Girl (Radio Version) - Lovestoned



Sequence: AB - ABB - AABBB

Intro: 16 count

Part A (32 count)

[1-8] Fwd Mambo, Back Mambo, Mambo Cross, 1/2 Turn Back-Side-Cross

1&2 Rock right forward, recover on left , step left back
3&4 Rock left back, recover on right , step left forward
5&6 Rock right to side, recover on left, cross right over left
7&8 1/4 Turn R stepping left back, 1/4 turn R stepping right to side, cross left over right (6:00)

[9-16] Mambo Cross, Side, Sailor Cross, 1/4 Turn Mambo, Camel walk

1&2& Rock right to side, recover on left, cross right over left, step left to side
3&4 Cross right behind left, step left to side, cross right over left
5&6 Rock left to side, 1/4 turn R recover on right, step left forward (9:00)
7 8 Step right forward with left toe beside right, step left forward with right toe beside left

[17-24] Rumba Box, Anchor Step/Sweep (x2)

1&2& Step right to side, step left together, step right forward, touch left together (or hold)
3&4 Step left to side, step right together, step left back
5&6 Step right back, step left in place, step right back/with left from front to back
7&8 Step left back, step right in place, step left back/with right from front to back

[25-32] 1/4 Turn Coaster Step, 1/2 Pivot Fwd, K Step

1&2 1/4 Turn stepping right back, step left together, step right forward (12:00)
3&4 Step left forward, 1/2 pivot turn R, step left forward (6:00)
5&6& Step right forward diagonal R, touch left together, step left back diagonal L, touch right together
7&8& Step right back diagonal R, touch left together, step left forward diagonal L, touch right together

Part B (16 count)

[1-8] Back/Twist (x4), Coaster Step, 1/2 Pivot Fwd

1234 Step right back & twist ball of left out, step left back & twist ball of right out (x2)
5&6 Step right back, step left together, step right forward
7&8 Step left forward, 1/2 pivot turn R, step left forward (6:00)

[9-16] Swivel Both Heels-Toe-Heels, V Step, Swivel Both Heels Out / In

1&2& Step right to side while swivel both heels-toes-heels to R, flick left behind right
3&4& Step left to side while swivel both heels-toes-heels to L, flick right behind left
5&6& Touch right heel forward diagonal R, touch left heel forward diagonal L, step right in, step left in
7&8& Swivel your both heels out, swivel both heels in (twice)

Have Fun!

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