

Perennial Bloom

COPPERKNOB
STEPSHEETS

拍數: 56 牆數: 4 級數: Phrased Intermediate
編舞者: Iris Wolff (DE) - June 2021
音樂: Perennial Bloom (Back To You) - Lukas Nelson & Promise of the Real



Start dance after 32 counts, after the drumbeat on „Some of the pain“.

Sequence: A, A, A, B, A, A, A, A, B, A, A, B

PART A = 32 count

GRAPEVINE R/BRUSH, GRAPEVINE L/TOUCH

1-2 Step R to right side, cross L behind R
3-4 Step R to right side, brush L forward
5-6 Step L to left side, cross R behind L
7-8 Step L to left side, touch R beside L

R BACK ROCK 2X, SKATE 2X (R, L) SHUFFLE FWD

1-2 Step R back, weight back on L
3-4 Step R back, weight back on L
5-6 Step R forward (turning the heel inwards), step L forward (turning the heel inwards)
7&8 Step R forward, step L next to R, step R forward

L ROCK FWD, STEP BACK 2X, TURN ¼ L ROCK FWD, L COASTER STEP

1-2 Step L forward, weight back on L
3-4 Step L back, step R back
5-6 Turn L ¼ left forward, weight back on R (9:00)
7&8 Step L back, step R beside L, step L forward

R STEP FWD, PIVOT ¼ L, R SHUFFLE FWD, L HEEL GRIND ¼ TURN L, WALK 2X

1-2 Step R forward, turn ¼ left on both balls (6:00)
3&4 Step R forward, step L next to R, step R forward
5-6 Step left heel forward (turning the toe inwards) and turn ¼ to left side (3:00)
7-8 Step R forward, step L forward

PART B = 24 count

R KICK, STOMP UP, R HEEL, HOOK, KICK, DIAG. BACK R, TOUCH, DIAG. L BACK, TOUCH

1-2 Kick R forward, stomp up R beside L (weight on L)
3&4 Touch right heel forward, cross R raised in front of the left leg, kick R forward
5-6 Step R diagonally to right back, touch L next to R
7-8 Step L diagonally to left back, touch R next to L

R SIDE, TOGETHER, R CHASSÉ, HEEL SPLIT, L CHASSÉ

1-2 Step R to right side, step L next to R
3&4 Step R to right side, step L next to R, step R to right side
5-6 Both heels open and close
7&8 Step L to left side, step R next to L, step L to left side

TURN ½ R FWD, TURN ½ R BACK, SIDE MAMBO, SWIVET R/CENTRE, RUN 4X (R, L, R, L)

1-2 Turn R ½ to right, Turn L ½ to right back (full turn right)
3&4 Step R to right side, weight back on L, step R next to L
5-6 Turn left heel to left/turn right toe to right side, turn back to centre
&7&8 Run 4 little steps forward: R, L, R, L

Start dancing from the beginning.

The End of the dance (3th Part B) instead of „&7&8" dancing: 7-8
7-8 Step R forward, turn ¼ left on both balls (12:00)

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