

Keep on Rolling

拍數: 48 牆數: 2 級數: Absolute Beginner
編舞者: Sebastiaan Holtland (NL) - July 2021
音樂: Rose Tinted - The Overtones : (Single - iTunes etc.)



One restart - wall 6, after 8 counts, after start again (facing 6 o'clock).
Introduction: 16 counts, start after approx 09 sec.

Part 1. [1-8] Side R, L Together, Side Point R, R Together, Side L, R Together, Side Point L, L Together.

1,2 Step Rf to R (1), Step Lf beside Rf (2).
3,4 Point Rf out to R (3), Step Rf beside Lf (4).
5,6 Step Lf to L (5), Step Rf beside Lf (6).
7,8 Point Lf out to L (7), Step Lf beside Rf (8).

(NB: Restart here in wall 6 after 8 counts, after start again (facing 6 o'clock).)

Part 2. [9-16] Side Lindy 2x R, L.

1&2 Step Rf to R (1), Step Lf beside Rf (&), Step Rf to R (2).
3,4 Rock Lf back (3), Recover back onto Rf (4).
5&6 Step Lf to L (5), Step Rf beside Lf (&), Step Lf to L (6)
7,8 Rock Rf back (7), Recover back onto Lf (8).

Part 3. [17-24] Fwd Rock R, ½ Shuffle Turn to R, Fwd Point 2x R, L (with finger snaps).

1,2 Rock Rf fwd (1), Recover back onto Lf (2).
3&4 Making ½ Shuffle Turn to R (6.00) (3&4).
5,8 Step Lf fwd (5), Point Rf out to R (6), Step Rf fwd (7), Point Lf out to L (8).

Part 4. [25-32] Fwd Rock L, L Shuffle Back, Back Rock R, ½ Pivot Turn to L.

1,2 Rock Lf fwd (1), Recover back onto Rf (2).
3&4 Step Lf back (3), Step Rf beside Lf (&), Step Lf back (4).
5,6 Rock Rf back (5), Recover back onto Lf (6).
7,8 Step Rf fwd (7), Pivot ½ turn L (12.00) over Rf taking weight onto Lf (8).

Part 5 [33-40] Side R, L Together, Side R, L Together, Side L, Touch R, Side R, Touch L

1,4 Step Rf to R (1), Step Lf beside Rf (2), Step Rf to R (3), Step Lf beside Rf holding weight onto Rf (4).
5,8 Step Lf to L (5), Touch Rf beside Lf (6), Step Rf to R (7), Touch Lf beside Rf (8).

Part 6 [41-48] Side L, R Behind, Step L with ¼ Turn L, R Touch, Side R, Touch L, Step L with ¼ Turn L, Touch R.

1,4 Step Lf to L (1), Step Rf behind Rf (2), Make ¼ turn L (9.00) step Lf fwd (3), Touch Rf beside Lf (4).
5,8 Step Rf to R (5), Touch Lf beside Rf (6), Make ¼ turn L (6.00) step Lf fwd (7), Touch Rf beside Lf (8).

(Note: On the above counts 5-8 of part 6, do jazzy hands with both hands above your head).

REPEAT THE DANCE AND HAVE FUN!!

Dance edit, email: smoothdancer79@hotmail.com

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