

Let Me Help

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Lois Roberts (USA) - June 2021
音樂: I Can Help - Billy Swan : (iTunes & Amazon)



NOTE: This dance was choreographed for the Novice Division of the Choreographers Challenge at Eddie Huffman's Born To Dance workshop in Pigeon Forge in June 2021

SECTION ONE - LINDY RIGHT, LINDY LEFT

1&2 Side Shuffle right (stepping right left, right)
3-4 Rock back left, recover onto right foot
5&6 Side Shuffle left (stepping left right left)
7-8 Rock back right recover onto left foot

SECTION TWO - KICK BALL STEP (2X) SIDE TOUCH ¼ TURN TOUCH

1&2 Kick right foot forward (Slight angle to right side) step right next to left step left forward
3&4 Repeat Steps 1&2
5-6 Step right to right side touch left next to right
7-8 Turn left foot ¼ turn left touch right foot next to left

SECTION THREE -VINE RIGHT, TURNING VINE TO THE LEFT WITH A BRUSH

1-4 Step right to right side, step left behind, step right to side touch left to right
5-8 Step left to left side, step right behind left, turn ¼ turn to left brush right foot.

SECTION FOUR - 2 TOE HEEL STEPS FORWARD, BOOGIE WALK BACK

1-4 Step forward with right toe heel step - left toe heel step. With attitude!
5-8 Boogie Walk back (stepping right, left, right, left)

Boogie Walk Styling: Knees close together. With arms at your side and index fingers pointing down. Move back stepping R, L, R, L,. Move your right shoulders down as you step on right, left shoulder down as you step on left.

Have Fun ... And as always PUT A LITTLE ATTITUDE IN IT

***Special Thanks To All Of My Dance Group (The Dixie Stompers) For Their Wonderful Dance Exhibition To Showcase My Dance: (This Dance came In 2nd Place)**

***Special Thanks To Gail A. Dawson For Her Encouragement In Letting Me Know I was On The Right Track**