

# Lady

拍數: 64                      牆數: 2                      級數: Phrased Intermediate  
編舞者: Patrizia Menga (IT) - June 2021  
音樂: Like a Lady - Lady A



Sequence part A (32 count) part A (16 count), part B ( 32 count), part A ( 32 count ) part A ( 16 count), part B ( 32 count + ultimate 8 count, part A ( 32 count). part B ( 32 count), part A (32 count).

**#1 sequence : KICK RIGHT FORWARD, STEP LEFT CROSS BACK, OPEN RIGHT SIDE RIGHT, STEP LEFT CROSS FORWARD, STEP RIGHT SIDE RIGHT, FOOT RIGHT TURN ¼, STEP LEFT TURN ½ STEP RIGHT TURN ¼ SCISSOR LEFT CROSS.**

1&2                      ( 12:00) :kick right forward, step left cross back.  
3&4                      (12 :00) :open right side right, side right, step left cross forward, step right side right foot right turn ¼ (3 :00).  
5&6                      ( 12:00) : Step left turn ½ ( 6:00), step right turn ¼ (9 :00).  
7&8                      ( 9:00) : Step left side left and cross forward.

**#2 sequence :( 9:00) :POINT RIGHT SIDE RIGHT TURN ¼ (6:00), SAILOR STEP RIGHT TURN ¼ ( 3:00), HEEL RIGHT, POINT LEFT, HEEL RIGHT, STOMP LEFT TURN ½ ( 12:00).**

1&2                      ( 9:00): poin right side right turn ¼ down heel right . ( 6:00).  
3&4                      ( 6:00) : cross left back turn ¼ ( 3:00), open right side right, recover left.  
5,6,7&8                      (3:00) heel right, point left, heel right, STOMP left, turn ½ (12:00).

**#3 sequence :(12: 00) : CROSS MAMBO STEP RIGHT, CROSS MAMBO STEP LEFT, TOUCH RIGHT SIDE RIGHT, TOUCH LEFT SIDE LEFT, TOUCH RIGHT SIDE RIGHT AND TURN ½ ( 6:00), STOMP RIGHT.**

1&2                      ( 12 :00) : cross mambo step right and return.  
3&4                      (12:00) cross: mambo step left and return.  
5&6                      ( 12 :00) : touch with point right, return touch point left,  
7&8                      ( 12 :00) : touch with point right side right, turn ½ , ( 6:00), STOMP right.

**#4 sequence : MAMBO STEP LEFT FORWARD, MAMBO STEP RIGHT BACK, STEP FORWARD LEFT TURN ½ (12 :00), STEP RIGHT TURN ½ ( 6:00) STOMP LEFT.**

1&2                      ( 6:00) : mambo step left forward and return,  
3&4                      ( 6:00) mambo step right back and return.  
5&6                      ( 6:00) step left forward and turn ½ ( 12:00).  
7&8                      ( 12 :00) : Step right forward turn ½ ( 6:00), STOMP left.

**Repeat part A only 16 count part B**

**PART B( 32 count).**

**\*1 sequence : SLIDE RIGHT SIDE RIGHT, ROCK STEP LEFT CROSS BACK, RECOVER RIGHT, KICK LEFT, VINE LEFT, KICK RIGHT, VINE RIGHT.**

1&2                      ( 6 :00) : slide right side right ( 2 count. ).  
3&4                      ( 6:00) : rock step left cross back, recover right.  
5&6                      ( 6 :00) : kick left , step jump cross right back, open left, kick right.  
7&8                      ( 6:00) : kick right, step jump cross left back, open right, kick left.

**\*2 sequence : SLIDE LEFT SIDE LEFT, ROCK STEP RIGHT CROSS BACK, RECOVER LEFT, (6:00) JUMP KICK RIGHT, JUMP KICK LEFT TURN ½ (12 :00), JUMP KICK RIGHT TURN ( 6:00), STOMP LEFT.**

1&2                      slide left side left ( 2 count).  
3&4                      rock step right cross back recover left,  
5,6,7 & 8                      ( 6:00) : jump kick right, jump kick left turn ½ ( 12:00), jump kick right turn ½ ( 6:00) stomp left.

**\*3 sequence : SHUFFLE RIGHT SIDE RIGHT, JACK BOX LEFT TURN ½ (12:00), SHUFFLE RIGHT, STEP**

**LEFT TURN 1/2, STOMP RIGHT.**

- 1&2 ( 6:00) : Step right side right, step left near right, step right side right.  
3&4 ( 6:00) : cross left forward, open right, step left side left and turn ¼.  
5&6 ( 6:00) : Step right turn ¼ ( 12:00), step left near right, step right side right.  
7&8 (12 :00) step left turn 1/2 ( 6: 00), STOMP RIGHT.

**\*4 sequence:SLIDE RIGHT SIDE RIGHT, ROCK STEP LEFT CROSS BACK, RECOVER RIGHT, JACK BOX LEFT.**

- 1&2 ( 6:00) : slide right side right ( 2 count)  
3&4 ( 6 :00) : rock step left cross back recover right.  
5,6,7&8 cross left forward, open right, open left, close right.
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