Dance Before You Leave Me



拍數: 64 牆數: 2 級數: Intermediate

編舞者: Maggie Gallagher (UK) - June 2021

音樂: Leave Before You Love Me - Marshmello & Jonas Brothers: (Amazon & iTunes)



Intro: 16 counts (8 secs). Start on the word "calling"

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1-2& Step right forward on slight right diagonal, Touch left next to right, Step down on left

3-4 Cross right over left, Step left to left side

5-6 ¼ hinge turn right stepping right to right side, ¼ hinge turn right stepping left to left side and

slightly forward on left diagonal [6:00]

7&8 Step right behind left, Step left to left side, Step right to right side

S2: TOUCH, ½ UNWIND, WALK, ANCHOR STEP, BACK, BACK, R COASTER

1-2-3 Touch left behind right, Unwind ½ left (transferring weight to left), Walk forward on right

[12:00]

4&5 Lock left behind right, Step weight onto right, Step slightly back on left

6-7 Walk back on right, Walk back on left

8&1 Step back on right, Step left next to right, Step forward on right

S3: HOLD & WALK, TOUCH & POINT, HOLD & POINT, HOLD

2&3 HOLD, Step left next to right, Walk forward on right

4&5 Touch left next to right, Step left next to right, Point right to right side

6&7 HOLD, Step right next to left, Point left to left side

8 HOLD

S4: & SIDE ROCK, CROSS SHUFFLE, SIDE, 1/4, L LOCK STEP

&1-2 Step left next to right. Rock right to right side, Recover on left,
3&4 Cross right over left, Step left to left side, Cross right over left

5-6 Step left to left side, ¼ hinge turn right stepping right to right side [3:00]

7&8 Step forward on left to right diagonal [4:30], Lock right behind left, Step forward on left

S5: STEP, LOCK, STEP, LOCK STEP, STEP, LOCK, STEP, LOCK STEP

1-2 Step right forward on right diagonal [4:30], Lock left behind right popping right knee

3-4& Step right forward, Lock left behind right, Step right forward [4:30]

5-6 Step left forward on left diagonal [1:30], Lock right behind left popping left knee

7-8& Step forward on left, Lock right behind left, Step forward on left [1:30]

S6: % JAZZ BOX, STEP, STEP, ½ PIVOT, STEP, ¼ PIVOT

1-2 Cross right over left, ½ right step back on left [3:00]
3-4 ¼ right stepping right to right side, Step left forward [6:00]

5-6 Step forward on right, ½ pivot left [12:00] 7-8 Step forward on right, ¼ pivot left [9:00]

S7: R LOCK STEP, FWD ROCK, RECOVER, BACK LOCK STEP, BACK ROCK, RECOVER

1&2 Step forward on right, Lock left behind right, Step forward on right

3-4 Rock forward on left, Recover on right

5&6 Step back on left, Lock right over left, Step back on left 7-8 Rock back on right popping left knee, Recover on left

S8: 1/4, POINT, SIDE, POINT, ROLLING VINE, CROSS

1-2 ¼ left stepping right to right side, Point left across right angling body to left diagonal [6:00]

3-4	Step left to left side, point right across left (angling body to right diagonal)
5-6	1/4 right stepping forward on right, 1/2 right back on left [3:00]
7-8	1/4 right stepping right to right side, Cross left over right [6:00]

ENDING: Dance 32 counts of Wall 5, then turn % left stepping forward on right to finish facing [12:00]

Thank you to Margaret Hains and Jane Kenrick for suggesting the music

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