Hold On To Love

拍數: 48

級數: Beginner waltz

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音樂: Hold On - H.E.R.

#24 count intro

FORWARD RHUMBA, BASIC IN PLACE

- 1-3 Step left foot on the left side, step right foot next to left, step left foot forward
- 4-6 Step right foot next to left, step left next to right, step right foot next to left

BACKWARD RHUMBA, BASIC IN PLACE

- 1-3 Step left foot on the left side, step right foot next to left, step left foot backward
- 4-6 Step right foot next to left, step left next to right, step right foot next to left

STEP TOUCH, STEP TOUCH

- 1-3 Step left foot forward, touch right toe on the right side, hold
- 4-6 Step right foot backward, touch left toe on the left side, hold

1/4 TURN LEFT BASIC IN PLACE, 1/4 TURN LEFT BASIC IN PLACE

- 1-3 Step left foot ¼ turn left, step right next to left, step left next to right
- 4-6 Step right foot ¼ turn left, step left next to right, step right next to left

GRAPEVINE LEFT, TOUCH

- 1-3 Step left foot on the left side, cross right foot behind left, step left foot on the left side
- 4-6 Cross right foot in front of left, touch left toe on the left side, hold

GRAPEVINE RIGHT

- 1-3 Cross left foot behind right, step right foot on the right side, cross left foot in front of right
- 4-6 Step right foot on the right side, cross left foot behind right, step right foot on the right side

LEFT TWINKLE, RIGHT CROSS & CROSS

- 1-3 Cross left foot in front of right, step right foot on the right side, step left foot next to right
- 4-6 Cross right foot in front of right, step left foot slightly to the left, step right foot to the right while crossed over left foot

LEFT BACKWARD STEP DRAG, RIGHT BACKWARD STEP DRAG

- 1-3 With both arms outstretched in front of you, step left foot backward, drag right toe backward for two counts
- 4-6 With both arms outstretched in front of you, step right foot backward, drag left toe backward for two counts.

Repeat, add your own style & have fun!!

(This can be danced as a partner waltz. Follower's part mirrors Leader's part.)

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牆數: 2