Brave and Humble

級數: High Beginner

編舞者: Debbie Nishiki (USA) - June 2021

音樂: Brave (feat. Dinah Smith) - Humble Hey : (Album: Brave)

牆數: 2

Intro: 16 counts, start dance with lyrics

S1 (1-8) Side touches, Side together side touch (R L) Step RF to R side, touch LF next to R, Step LF to L side, touch RF next to L (12:00) 1&2& 3&4& Step RF to R side, Step LF next to R, Step RF to R, touch LF next to R (12:00) 5&6& Step LF to L side, touch RF next to L, Step RF to R side, touch LF next to R (12:00) 7&8& Step LF to L side, Step RF next to L, Step LF to L, R Brush (12:00) S2 (1-8) Cross, Back, Side & Cross, Back, Side, Step forward, Pivot ½ turn, Sway R L (angle slightly to L) Cross RF over L, Step LF back, Step RF to side (12:00) 1&2 3&4 (angle slightly to R) Cross LF over R, Step RF back, Step LF to side (12:00) Step forward on RF, Pivot 1/2 turn to L, Swaying hips R L (6:00) 5.6,7,8 (Restart - Walls 2 & 4) S3 (1-8) Press Rock (with body roll), Recover, Coaster Step R L 1,2,3&4 Press RF forward, Recover L, Step RF back, Step LF back next to R, Step forward on RF (6:00)5,6,7&8 Press LF forward, Recover R, Step LF back, Step RF back next to L, Step forward on LF (6:00)S4 (1-8) Forward R Mambo, Back L Mambo, Slide RF to R Diagonal, Slide LF back to L Diagonal 1&2, 3&4 Step forward on RF, Step LF in place, Step RF back, Step back on LF, Step RF in place, Step forward on LF (6:00) 5,6,7,8 Slide RF forward into R Diagonal, Slide LF next to R, Slide LF back into L Diagonal, Slide RF next to L (6:00)

(Start over)

Restart: Happens during Walls 2 & 4, after first 16 cts of dance.

Ending: Wall 9 - Dance entire dance, instead of Slide RF next to L, Cross RF over L and do an unwind to face the front (12:00) and strike a pose!!

I hope you like it!!

Enjoy!!

Last Update - 29 June 2021





拍數: 32