

Buddies EZ

COPPER KNOB
STYLEDANCE

拍數: 16
編舞者: Hana Iwai (JP) - June 2021
音樂: No I in Beer - Brad Paisley

牆數: 2

級數: Beginner Line / Contra



Intro: 24 counts intro. Start with lyrics.

[1-8] Stomp, Stomp, Heel Out, Heel Out, Stomp, Stomp, Swivel

1, 2 Stomp R, stomp L (feet shoulder width apart)
&3, &4 Swivel R heel out, Return R heel to center, Swivel L heel out, Return L heel to center ★
5, 6 Stomp R, stomp L (feet shoulder width apart)
7&8 Swivel both heels in, Swivel both toes in, Swivel both heels in to center (weight on R)
(★Option: on counts 3&4 add in your own styling! For ex. Scoot forward X2 on both feet)

[9-16] Square - Slide to left side, 1/4 Turn Left Slide to right side, 1/4 Turn Left Slide to left side, 1/4 Turn left Slide to right side, 1/8 Turn Left with Rock Back (jumping), Recover, Step, Heel Grind 3/8 Turn Right

1 Slide L to left side
2 Make 1/4 turn left and Slide R to right side (9:00)
3 Make 1/4 turn left and Slide L to left side (6:00)
4 Make 1/4 turn left and Slide R to right side (3:00)
5&6 1/8 turn left and Rock back L, recover R, Step forward L (1:30)
7, 8 Dig R heel across L and grinding heels & twisting toes from left to right make 3/8 turn Right, Step L back (6:00)

Start again!