

You Give me BUTTERFLIES ..

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Improver
編舞者: Val Saari (CAN) - June 2021
音樂: Butterflies (feat. Ali Gatie) - MAX



Intro 16 counts. Begin on the word "give"

SKATE FWD/HEEL LIFT X2 (RL), CROSS ROCK/RECOVER SAILOR STEP

1-2 Skate RF diagonally forward (1:00), Lift RF heel up/down (2)
3-4 Skate LF diagonally forward (11:00), Lift LF heel up/down (4)*
5-6 Cross rock RF forward, Recover LF
7&8 Sailor Step RLR

LF CROSS ROCK/RECOVER SAILOR STEP 1/4 L, TURN L TWICE (1/8, 1/8)

1-2 Cross rock LF forward, Recover RF
3&4 Sailor Step LRL turn 1/4 L
5-6 Step RF forward, Turn 1/8 turn left (weight on left)
7-8 Step RF forward, Turn 1/8 turn left (weight on left)

MODIFIED VINE WITH HIP BUMPS X 2 (RL)

1-2 Step RF to right side, Step LF behind R
3&4 Step RF to right side and bump hips RLR (weight on RF, LF heel slightly lifted)
5-6 Step LF to left side, Step RF behind L
7&8 Step LF to left side and bump hips LRL (weight on LF, RF heel slightly lifted)

RF CROSS ROCK, TURNING SHUFFLES (1/4 R, 1/2 R), BRUSH BALL CHANGE

1-2 Cross-rock RF over L, LF recover
3&4 Turn 1/4 R and Shuffle forward RLR
5&6 Shuffle LRL turning 1/2 R
7&8 Brush RF forward, Step RF together, Step LF together, hold (weight on LF)

***ONE EASY TAG & RESTART: 4 Counts, after 4 counts on Wall 3 facing 6:00**

RF ROCKING CHAIR

1-2 Rock RF forward, Recover LF
3-4 Rock RF back, Recover LF

For Mirren, Happy 2nd Birthday!

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