

Wasted Love

拍數: 64 牆數: 4 級數: Phrased Intermediate
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音樂: Wasted Love (feat. Lagique) - Ofenbach



Sequence: A32, A16, B32, A32, A32, A16, B32, A32, A32
#16 Count Intro

Part A

A1[1 à 8] Walk, Walk, Side Rock Cross, Back Side, Cross Shuffle ¼ Turn

1 - 2 Step R fwd, Step L fwd
3 & 4 Rock R to R Side, Recover onto L, Cross R over L
5 - 6 Step Back L, Rock R to R Side
7 & 8 Cross L over R, Step R to R Side, Cross Lover R ¼ Turn (3h)

A2[1 à 8] Rock Step, Coaster Step, Rock Step, Sailor ½ Turn

1 - 2 Rock R fwd, Recover Back on L
3 & 4 Step Back on R, Step L Next to R, Step R fwd
5 - 6 Rock L fwd, Recover Back on R
7 & 8 Step L Behind R Making ½ Turn L, Step R Beside R, Step L to L Side

A3[1 à 8] Step Lock, Step Lock Step, Step, Heel Swivel, Coaster Step

1 - 2 Step fwd on R, Lock L Behind R
3 & 4 Step fwd on R, Lock L Behind R, Step fwd on R
5 & 6 Step Ball of L fwd, Swivel Both heels L, Swivel Both Heels Center Weight on R
7 & 8 Step Back L, Step R nest to L, Step L fwd

A4[1 à 8] Step ½ Turn, ½ Turn Back, Shuffle ¼ Turn, Kick Ball Step, Touch

1 - 2 Step R fwd, Pivot 1/2 Turn
3 - 4 & 5 Step R 1/2 Turn Back, Step L to L Side ¼ Turn, Step R Beside L, Step L to L Side
6 & 7- 8 Kick R fwd, Ball R next to L, Step L fwd, Touch R next to L

Part B

B1[1 à 8] Step Sweep, Cross, Side, Behind, Sweep, Behind Side

1 - 2 Step R fwd, Sweep L From Back to Front
3 - 4 Cross L in Front of R, Step R to R Side
5 - 6 Step L Behind R, Sweep R from Back to Front
7 - 8 Cross R Behind L, Step L to L Side

B2[1 à 8] Cross Rock Recover, Hold, Side, Cross Rock Recover, Hold, Step ¼ Turn L

1 - 2 Rock fwd on the R, Recover weight onto L
3 - 4 Hold, Step R to R Side
5 - 6 Rock fwd on the L, Recover weight onto R
7 - 8 Hold, Step L ¼ Turn on L

B3[1 à 8] Step Sweep, Cross, Side, Behind, Sweep, Behind Side

1 - 2 Step R fwd, Sweep L From Back to Front
3 - 4 Cross L in Front of R, Step R to R Side
5 - 6 Step L Behind R, Sweep R from Back to Front
7 - 8 Cross R Behind L, Step L to L Side

B4[1 à 8] Step R Diagonal L, Hold, Step ½ Turn, Step ¼ Turn, Behind, Side, Step, Touch

- 1 - 2 Step R Diagonal L, Hold
 - 3 - 4 Step $\frac{1}{2}$ Turn L, Step $\frac{1}{4}$ Turn R (12h)
 - 5 - 6 Step L Behind R, Step R to R Side
 - 7 - 8 Step L fwd, Touch R next to L
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