## Dirty Bird Shuffle

拍數： 40
銅數： 4
級數：Beginner
編舞者：Jen Oropeza（USA）－June 2021
音樂：Make the Rooster Crow－The Lacs


Start：Casual club stroll bouncing it out for approximately 28 seconds by my beat count．．．then when he says ＂Drop it down low make the rooster crow＂you get a 5－6－7－8 count down NO TAGS，NO RESTARTS－HIGH ENERGY

L HOP，R KICK，R HOOK，R KICK，R PREP，R TWISTY TWIST
\＆1 Hop to left foot，Kick right foot front
\＆2 Hook right foot，Kick right foot front
\＆Prep right foot（wind up left back）
3\＆4 Heels twist forward，back，forward（with hips）

R HOP，L KICK，L HOOK，L KICK，L PREP，L TWISTY TWIST
\＆5 Hop to right foot，Kick left foot front
\＆6 Hook left foot，Kick left foot front
\＆Prep left foot（wind up right back）
$7 \& 8 \quad$ Heels twist forward，back，forward（with hips）
L PREP，R ROCK FORWARD TOUCH，L ROCK BACK TOUCH，AND TRIPLE STEP
\＆Hop to Left foot to prep

9\＆Right wide step out to a V，quick Left touch＊close to right foot
10\＆Step left foot back to where you started，quick right touch＊to come together
11\＆12
Steps together in place right，left，right

L ROCK FORWARD TOUCH，R ROCK BACK TOUCH，AND TRIPLE STEP
\＆Hop to right foot to prep
13\＆Left wide step out to a V，quick right touch＊close to left foot
14\＆Step right foot back to where you started，quick left touch＊to come together
15\＆16 Steps together in place Left，Right，Left（touch）

| CROSSOVER | WIZARDS R，L R，PREP L， 2 COUNTER CLOCKWISE BUNNY HOPS TO LAND FEET |
| :--- | :--- |
| APART |  |
| $\& 17$ | Hop to Left foot，Big Right heel leads forward to the 10 o＇clock step out |
| 18 Step Left foot up to Right <br> $\& 19$ Hop to Right foot，Big Left heel leads forward to the 2 o＇clock step out <br> 20 Step Right foot up to Left <br> $\& 21$ Hop to Left foot，Big Right heel leads forward to the 10 o＇clock step out <br> 22 Step Left foot up to Right <br> $23 \&$ Feet together hops land $1 / 4$ to your left，hop and land $1 / 4$ turn to your left（all feet together） <br> 24 $1 / 4$ turn land feet out facing new wall |  |

CROSS OUT GRIND IT OUT LOW R，CROSS OUT GRIND IT OUT LOW L
\＆25 Right foot crosses over left hop in，land feet apart（weight to the right）
26，27，28 Hip circles 3 times counter clockwise．
\＆29 Left foot crosses over right to hop in，land feet apart（weight to the left）
30，31，32
Hip circles 3 times clockwise
R SIDE，L BACK，R SIDE，L HEEL，CROSS L UNDER，R OVER
33，34 Step right foot out to side，step left behind

## L SIDE, R BACK, L SIDE, R HEEL, CROSS R UNDER, L OVER

37,38 Step left foot out to side, step right behind
\&39 Step left foot out to side, place right heel in open position
\&40
Jump to right foot, left foot steps to cross over left

* You can modify the touches by airing it, meaning you bring your foot in like you are going to do a touch, but make it more of a swing with a knee lift)
Contact: jen@cherryontopentertainment.com with any questions or comments. I appreciate feedback.
Please tag @cherryontopentertainmet if you post any videos of yourself doing this one on Tik Tok, Instagram, or Facebook \#cardiolinedance \#countrycrossover

Last Site Update - 26 June 2021

