

Starting Now

拍數: 64 牆數: 2 級數: Improver / Intermediate
編舞者: Eun Mi Lim (KOR) - June 2021
音樂: Starting Now - Brandy



Intro: 16 Counts

S 1: Side, Back Rock, Side, Forward Rock, Back Lock Shuffle & Sweep

1-2 Step R to right side, Rock back on L
3-4 Recover on R, Step L to left side
5-6 Rock forward on R, Recover on L
7&8 Step back on R, Step L across R, Step back on R sweeping L from front to back

S 2: Behind & Heel Lifting, Forward, 1/4Turn R & Chasse, Jazz Box 1/4Turn R - Cross

1-2 Cross L behind R and lifting R heel, Step forward on R
3&4 1/4turn R stepping L to left side (3:00), Step R next to L, Step L to left side
5-6 Cross R over L, 1/4turn R stepping back on L (6:00)
7-8 Step R to right side, Cross L over R

S 3: 1/8Turn R & Forward, 1/2Turn R & Back, Coaster Step, Forward, Hold, Ball Step, Forward Shuffle

1-2 1/8turn R stepping forward on R (7:30), 1/2turn R stepping back on L (1:30)
3&4 Step back on R, Step L next to R, Step forward on R
5-6& Step forward on L, Hold, Ball step R next to L
7&8 Step forward on L, Step R next to L, Step forward on L

S 4: Point, 1/8Turn R & Together, Kick, Cross, Point, Sailor Step, Behind, Point

1-2 Point R toe to right side, 1/8turn R stepping R next to L (3:00)
3&4 Kick R forward, Cross L over R, Point R toe to right side
5&6 Cross R behind L, Step L to left side, Step R to right side
7-8 Cross R behind L, Point L to left to side

S 5: 1/4Turn R & Cross, Side, Behind, Side, Heel Grind-Side X2

1-2 1/4turn R crossing R over L (6:00), Step L to left side
3-4 Cross R behind L, Step L to left to side
5-6 R heel across L, Step L to left side and R heel Grind from left to right
7-8 R heel across L, Step L to left side and R heel Grind from left to right

S 6: Cross Rock, 1/4Turn L & Forward, 1/4Turn L & side, Back Rock, Side, Touch

1-2 Rock cross R over L, Recover on L
3-4 1/4turn R stepping R forward (9:00), 1/4turn R stepping L to left side (12:00)
5-6 Rock back on R, Recover on L
7-8 Big step R to right side, Touch L toe beside R *Step Change & Restart

S 7: 1/4Turn L & Forward, Sweep, Cross, Sweep, Cross, 1/4Turn & Back, Back Rock

1-2 1/4turn L stepping forward on L (9:00), Sweep R from back to front
3-4 Cross R over L, Sweep L from back to front
5-6 Cross L over R, 1/4turn L stepping back on R (6:00)
7-8 Rock back on L, Recover on R

S 8: Heel Touch, Back, Cross, Side, Heel Touch, Back, Cross Shuffle

1-2 L heel touch forward to diagonally left, Step L slightly back
3-4 Cross R over L, Step L to left side

5-6 R heel touch forward to diagonally right, Step R slightly back
7-8 Cross L over R, Step R to right side, Cross L over

Step Change: During wall 5, Change step count 48 (Step L next to R)

Restart: During wall 5, restart the dance after count 48.

Ending: During wall 7 (6:00). Dance after count 32 and 1/4Turn R facing 12:00

Enjoy Dancing Always~!

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