

# Crazy Legs

拍數: 64      牆數: 2      級數: Improver  
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - June 2021  
音樂: Lotta Lovin' - The Big Town Playboys & Jeff Beck



Music Available: Amazon from the album Crazy Legs - with no tags or restarts

**[1-8] Travelling R: R toe strut, L cross strut, R toe strut, L rock back/recover**

1-4            Touch R toes side right, step R heel down, cross touch L toes over R, step L heel down  
5-8            Touch R toes side right, step R heel down, rock back on L, recover weight on R

**[9-16] 3 step grapevine L with ¼ L, hold or scuff, R rocking chair**

1-4            Step L side, cross step R behind L, turning ¼ left step L forward, hold or scuff R forward (9 o'clock)  
5-8            Rock R forward, recover weight on L, rock R back, recover weight on L

**[17-24] R fwd, hold, ¼ L pivot turn, hold, R fwd, hold, ¼ L pivot turn, hold**

1-4            Step R forward, hold, pivot ¼ left, hold (6 o'clock)  
5-8            Step R forward, hold, pivot ¼ left, hold (3 o'clock)

**[&25-32] Jump R/L apart, hold, R knee pop in (Elvis Knee), 4 hip bumps R/L/R/L**

&1-2          Jump R back, jump L back & apart, hold  
3-4            Pop/turn R right knee in (weight remains on L), hold  
5-8            Bump hips R, L, R, L (weight ends on L)

**[33-40] R fwd step, touch L, L back step, touch R, ¼ R side step, touch L, L side step, touch R**

1-4            Step R forward, touch L together, step L back, touch R together  
5-8            Turning ¼ right step R side, touch L together, step L side, touch R together (6 o'clock)

**[41-48] R fwd lock step, hold, L fwd, ½ R pivot turn, L fwd, hold**

1-4            Step R forward, lock L behind R, step R forward, hold  
5-8            Step L forward, pivot ½ right, step L forward (extended 5th), hold (12 o'clock)

**[49-56] ½ L/R back, ½ L/L forward, R fwd, hold, L fwd mambo, hold**

1-4            Turning ½ left step R back, turning ½ left step L forward, step R forward, hold (12 o'clock)

**Non-turning option: run fwd R, L, R, hold**

5-8            Rock L forward, recover weight on R, step L back, hold

**[57-64] R back, hold, L back/apart, hold, R cross over L, hold, unwind ½ left**

1-4            Step or stomp R back, hold, step or stomp L back & apart, hold  
5-8            Cross R over L, hold, unwind ½ left over 2 counts with weight ending on L foot (6 o'clock)

Tel: 01462 735778 Email: [info@thedancefactoryuk.co.uk](mailto:info@thedancefactoryuk.co.uk)