

Friends

拍數: 32 牆數: 4 級數: Intermediate
編舞者: YoungSoon Song (KOR) - June 2021
音樂: Friends - Justin Bieber & BloodPop®



No Tag, No Restart

S1: BACKWARDS, ROCK BACK/RECOVER, FORWARD, ROCK/RECOVER, HITCH, TOGETHER, SIDE, HEEL SWIVEL IN-OUT-IN

1-2& RF Step Backwards(1), LF Rock Back(2), RF Recover(&
3-4& LF Step Forward(3), RF Rock Forward(4), LF Recover(&
5&6 RF Hitch(5), RF Step Backwards(&), LF Step Side(Weight On LF)(6)
7&8 RF Heel Swivel In(7), Out(&), In(8)

S2: SIDE, TOUCH CROSS BEHIND, SIDE, SAILOR STEP, STEP CROSS BEHIND, 1/4 TURN R FORWARD, FORWARD, KICK, FORWARD

1-2 RF Step Side(1), LF Touch Cross Behind(2)
3-4& LF Step L(3), RF Step Cross Behind(4), LF Together(&
5-6& RF Step R(5), LF Step Cross Behind(6), RF 1/4 Turn R Step Forward(3:00)(&
7-8& LF Step Forward(7), RF Kick Forward(8), RF Step Forward(&

S3: 1/2 MONTEREY TURN L, HITCH, HOLD, CROSS OVER, ROCK SIDE/RECOVER, TOGETHER, SIDE

1-2 LF Touch L(1), LF 1/2 Turn L Together(9:00)(2)
3&4 RF Touch R(3), Recover(&), RF Hitch(4)
5&6 Hold(5), RF Cross Over(&), LF Rock L(6)
7&8 RF Recover(7), LF Together(&), RF Step R(8)

S4: TOUCH CROSS BEHIND, 1/2 TURN L SWEEP FORWARD, CROSS OVER, BACK/TOGETHER, FORWARD, HITCH, TOUCH BACKWARDS, 1/2 TURN R ROCK/RECOVER

1-2 LF Touch Cross Behind(1), LF Step 1/2 Turn L with RF Sweep Forward(3:00)(2)
3&4 RF Cross Over(3), LF Step Backwards(&), RF Together(4)
5&6 LF Step Forward(5), RF Hitch(&), RF Touch Backwards(6)
7-8 RF 1/2 Turn R Rock Forward(9:00)(7), LF Recover(8)
