

Get Ready to Ride !

COPPERKNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Improver
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音樂: Get Ready (feat. Blake Shelton) - Pitbull



Intro: 32 temps

[1-8] 2 WALK FWD, KICK BALL CHANGE, PIVOT ½ L, PIVOT ¼ L

1-2 RF step forward, LF step forward, (12h)
3&4 RF kick forward, RF beside LF, LF recover weight,
5-6 RF step forward, ½ left- LF recover weight (6h)
7-8 RF step forward, ¼ left- LF recover weight (3h)

[9-16] ROCK CROSS, SIDE SHUFFLE, CROSS, SIDE, SAILOR STEP

1-2 RF cross over LF, LF recover weight
3&4 RF to right, LF beside RF, RF to right
5-6 LF cross over RF, RF to right
7&8 LF cross behind RF, RF to right, LF recover weight

Option : à 8 : LF heel, & : LF recover weight

[17-24] 2 WALK FWD, R SHUFFLE FWD, PIVOT ½ L, L SHUFFLE ½ L BWD,

1-2 RF step forward, LF step forward,
3&4 RF step forward, LF beside RF, RF step forward
5-6 LF step forward, ½ right - RF recover weight (9h)
7-8 ½ right progressive - LF step back, RF beside LF, LF step back (3h)

[25-32] JUMP OUT RIGHT & LEFT, CLAP, R&L HEEL SLAP, ROLLING HIP

&1-2 RF diag. back, LF diag. back, clap hands
3-4 RF touch heel back with left hand, RF to right
5-6 LF touch heel back with right hand, LF to left
7-8 RF-LF recover weight and rolling the hips (anti-clockwise)

RESTARTS :

- (1) After 3rd walls do the first 16 counts and restart from the top
- (2) After 7 th walls do the first 16 counts and restart from the top

AN ENERGY CHOREOGRAPHY TO MAKE THE PARTY!